One Of The Boys



拍數: 32 牆數: 4 級數: Easy Intermediate

編舞者: Bev Bickhoff (AUS) & Jo Rosenblatt (AUS) - August 2021

音樂: One of the Boys - Gretchen Wilson: (Album: One Of The Boys)



Start: On vocals "I can do...." after 16 counts

[1 - 8] Rhumba Back, Rhumba Fwd, Heel, Hook, Heel, Tog, Double Heel Split		
1&2&	Step R to side, Step L beside right, Step R back, Touch L beside right	
3&4&	Step L to side, Step R beside left, Step L forward, Touch R beside left	
5&	Touch R heel to right diagonal, Hook R heel in front of left knee	
6&	Touch R heel to right diagonal, Step R beside left	
7&	(Weight on toes) Move heels apart, (Weight on heels) Move toes apart	
8&	*** Move toes together, (Weight on toes) Move heels together *** (12:00)	
[9 - 16] 1/4 Turn Shuffle, Quick Pivot Fwd, Step-Lock-Step-Scuff, Step-Lock-Step-Scuff		
1&2	Step R to side, Step L beside right, Turning ¼ right step R forward (3:00)	
3&4	Step L forward, Turning ½ right step R forward, Step L forward (9:00)	
5&6&	Step R forward, Lock L behind right, Step R forward, Scuff L beside right	
7&8&	Step L forward, Lock R behind left, Step L forward, Scuff R beside left	
[17 - 24] Weave, Cross-Rock-Side, Weave, Cross-Rock-1/4Turn		

1&2&	Cross R over left, Step L to left, Step R behind left, Step L to left
3&4	Cross R over left, Rock/Recover onto L, Step R to right
5&6&	Cross L over right, Step R to right, Step L behind right, Step R to right
7&8	Cross L over right, Rock/Recover onto R, Turning 1/4 left step L fwd (6:00)

[25 - 32] Cross-Back-Side, Cross-Back-Side, Back Coaster, Quick-Paddle-Cross

1&2	Cross R over left, Step L back, Step R to the right (slightly back on right diagonal)
3&4	Cross L over right, Step R back, Step L to the left (slightly back on left diagonal)
5&6	Step R back, Step L beside R, Step R forward
7&8	Step L forward, Turn ¼ right step R to right, Step L across right (9:00)

Wall 4: Dance to Count 8& (***) and Restart facing 3:00. Wall 8: Dance to Count 8& (***) and Restart facing 6:00

Tag: End Wall 5 facing 12:00: Add the following tag

Side-Rock-Touch

Step R to right. Rock/Recover weight to L, Touch R beside left 1&2

Ending: Wall 9: Dance to Count 30 then step forward on L to finish at the front wall.

Free to be copied provided no changes are made to the original choreography. Bev Bickhoff 0428 822389 kevandbev@gmail.com Jo Rosenblatt 0417 074218 errolandjo@bigpond.com