

Simply Shake It

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
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音樂: Shake It - Casanovas

級數: Absolute Beginner



Intro: 32 counts

Section 1: 2 TOE STRUTS. FWD RLR, BRUSH

- 1 - 2 Point R toe fwd, lower R heel to floor
- 3 - 4 Point L toe fwd, lower L heel to floor
- 5 - 7 Step fwd RLR
- 8 Brush L fwd

Section 2: REPEAT LEADING WITH LEFT

- 1 - 2 Point L toe fwd, lower L heel to floor
- 3 - 4 Point R toe fwd, lower R heel to floor
- 5 - 7 Step fwd LRL
- 8 Brush R fwd

Section 3: ROCKING CHAIR. JAZZ BOX 1/8 TURN

- 1 - 2 Rock fwd on R, recover
- 3 - 4 Rock back on R, recover
- 5 - 6 Cross R over L, step back on L
- 7 - 8 Step to R on R with 1/8 turn to R. Close L beside R (1.30)

Section 4: REPEAT

- 1 - 2 Rock fwd on R, recover (still facing 1.30)
 - 3 - 4 Rock back on R, recover (1.30)
 - 5 - 6 Cross R over L, step back on L (1.30)
 - 7 - 8 Step to R on R with 1/8 turn to R. Close L beside R (3 o'clock)
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