Walk This Way (Chair Dance)

級數: Beginner Chair Dance

編舞者: Gail A. Dawson (USA) - August 2021

音樂: Walk This Way (feat. Aerosmith) - Run-DMC

Intro - 32 Counts, begin with lyrics, No Tags, No Restarts

STEP, POINT, STEP, POINT, STEP, POINT, STEP, POINT

- R step, L point, L step, R point 1,2,3,4
- 5,6,7,8 R step, L point, L step, R point

KICK, TOUCH, TURN, STEP, KICK, TOUCH, TURN, STEP

- R kick forward, R touch beside L 1,2
- 3,4 R step out to R turning body to R, R step beside L
- 5,6 L kick forward, L touch beside R
- 7,8 L step out to L turning body to L, L step beside R

HEEL, STEP, TRIPLE STEP, HEEL, STEP, TRIPLE STEP

- 1, 2 R heel touch forward as L hand reaches forward, L step in place as L hand recovers
- 3&4 Step R. L. R

拍數: 32

- 5, 6 L heel touch forward as R hand reaches forward, R step in place as R hand recovers
- 7&8 Step L, R, L

V-STEP, JAZZ BOX

- R step diagonally out to R, L step diagonally out to L 1,2
- 3,4 R step back to center, L step back to center
- 5.6 R cross over L, L step back slightly
- 7,8 R step, L step beside R





牆數: 0