

Shape of My Heart

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Andrico Yusran (INA) - August 2021
音樂: Shape of My Heart - Backstreet Boys



****Tags : -**

***4 counts after wall 3**

***8 counts after wall 7**

Start dance after Intro 16 counts

S1# *FORWARD ROCK - SAILOR STEP - TRIPPLE CROSS ROCK - TRIPLE 1/4 TURN*

1-2 Step R forward - L recover
3&4 R cross behind L - L side , R to side
5&6 L cross over R , R recover , L to side
7&8 R forward 1/4 turn to L , L in place , R forward (9.00)

S2# *PIVOT 1/2 TURN - LOCK SHUFFLE FORWARD - KICK BALL SIDE TOUCH 1/4 TURN - CROSS - FLICK*

1-2 Step L forward 1/2 turn to R , R in place
3&4 L forward , R lock behind L , L forward
5&6 R kick forward , R tap ball in place 1/4 turn to R , L side touch point (6.00)
7-8 L cross over R , R bend heel up (weight on L)

S3# *LOCK SHUFFLE DIAGONAL - FORWARD ROCK - BACK LOCK SHUFFLE - BODY PUSH (R-L)*

1&2 Step R forward diagonal to L (4.30) - L lock behind R - R forward (4.30)
3-4 L forward - R recover
5&6 L cross behind R diagonal to L , R back , L back (4.30)
7-8 R push back weight to R - Push Weight on L (facing 7.30)

S4# *FORWARD (sweep) - DIAMONDS 1/4 - PIVOT 1/2 - FORWARD*

1 Step R forward with L sweep forward (6.00)
2&3 L cross over R , R side - L back diagonal to L with R knee up (5.30)
4&5 R back , L 1/4 turn to L (3.00) , R forward
6-8 L forward 1/2 turn to R , R in place , L forward

TAG 4 COUNTS

ROCK SYNCOPATED

1&2& Step R forward , L recover , R side , L recover
3-4 R back , L recover

TAG 8 COUNTS

***ROCK SYNCOPATED - MAMBO FORWARD - SIDE TOUCH - FORWARD**

1&2& Step R forward , L recover , R side , L recover
3-4 R back , L recover
5&6 R forward , L in place , R back
7-8 L side touch point , L forward

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