Sweet Dream

級數: Advanced

編舞者: Hiroko Carlsson (AUS) - August 2021

音樂: Sweet Dreams - Alan Walker & Imanbek

| (Dance starts on lyrics) | |
|---|--|
| [S1] Side, Rock Behind, Side Rock, Cross Rock, Anchor Step | |
| 123 | Step R to the side, Rock L behind R, Replace weight on R |
| 4& | Rock L the side, Replace weight on R |
| 56 | Rock L over R, Replace weight on R |
| 7&8 | Step forward on L, Lock R behind L, Step L in place |
| [S2] 1/4L Side, Sailor Step into Rumba Box, Sailor Step- | |
| 1 2& | Make a 1/4 turn left stepping to the side, Step L behind R, Step R beside L (3:00) |
| 3&4 | Step L to the side, Step R next to L, Step forward on L |
| 5&6 | Step R to the side, Step L next to R, Step back on R |
| 7&8 | Step L behind R, Step R beside L, Step L to the side*** |
| [S3] -Behind-1/4L Fwd, 2x Syncopated Pivot 1/2L, Fwd, Pivot 1/2R, Syncopated Rocking Chair, Fwd | |
| &1 | Step R behind L, Make a 1/4 turn left stepping forward on L (6:00) |
| 2&3& | Step forward on R, Make a 1/2 turn left recover weight on L, Step forward on R, Make a 1/2 turn left recover weight on L (6:00) |
| 4 5& | Step forward on R, Step forward on L, Make a 1/2 turn right recover weight on R (12:00) |
| 6& | Rock forward on L, Replace weight on R |
| 7&8 | Rock back on L, Replace weight on R, Step forward on L |
| [S4] Side w/ Slide Turn 3/4L, Scissor-Cross-&-Heel-&-Touch-&-Heel-& | |
| 12 | Step R to the side making a 1/4 turn left/sliding L close to R (9:00), Step L to the side making a 1/4 turn left/sliding R close to L (6:00) |
| 3 | Step R to the side making a 1/4 turn left/sliding L close to R (3:00) |
| 4& | Step L to the side, Step R next to L |
| 5&6& | Cross L over R, Step R beside L, Touch L heel forward to L diagonal, Step L down in place |
| 7&8& | Touch R toes behind L, Step back on R, Touch L heel forward to L diagonal, Step L down in place** |
| [S5] Cross Rock, Side Shuffle-Cross Rock, 1/4L Shuffle Fwd, Paddle 1/4L | |
| 12 | Rock R over L, Relace weight on L |
| 3&4 | Side shuffle to the right on R-L-R |
| &5 | Rock L over R, Relace weight on R |
| 6&7 | Make a 1/4 turn right shuffle forward on L-R-L (12:00) |
| &8 | Step forward on R, Make a 1/4 turn left recover weight on L (9:00) |
| [S6] Cross, Side Rock, Cross, Side Rock, Touch-Unwind 1/2R | |
| 1234 | Cross R over L, Rock L to the side, Replace weight on R, Cross L over R |
| 56 | Rock R to the side, Replace weight on L |
| 78 | Touch R behind L, Unwind 1/2R weight ends on R (3:00) |
| [S7] 1/4R Shuffle Back, 1/2R Shuffle Fwd, 1/2R Shuffle Back, Rock Back | |
| 1&2 | Make a 1/4 turn right shuffle back on L-R-L (6:00) |
| 3&4 | Make a 1/2 turn right shuffle forward on R-L-R (12:00) |
| 5&6 | Make a 1/2 turn right shuffle back on L-R-L (6:00) |
| | |





拍數: 64

牆數:4

78 Rock back on R, Replace weight on L

[S8] Kick-Ball-Side, Kick-Ball-Cross-Side, Rock Behind, 3/4R Spiral, Rock Fwd

- 1&2 Kick forward on R, Step down on ball of R foot, Step L to the side
- 3&4& Kick forward on R, Step down on ball of R foot, Cross L over R, Step R to the side
- 5 6 Rock L behind R, Replace weight on R
- 7 Make a 1/4 turn right stepping back on L making another 1/2 turn right on L foot (3:00)
- 8& Rock forward on R, Replace weight on L

Restart: On Wall 2 count 32** (6:00) and Wall 4 count 16*** (6:00)

Ending suggestion: The last wall starts facing 9:00. Dance up to count 32, then cross R over L (12:00).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 4/Aug/21)