Meteor



拍數: 64

級數: Phrased Improver

編舞者: Kim Ju Young (KOR) & Shin Hye Sook (KOR) - August 2021 音樂: METEOR - CHANGMO (창모)

牆數:2

Intro : 32C

Sequence : AAB AAB AA - No Tag, No Restart

A Part 32 count

[1 - 8] Back Overvine. Side Touch. Hold (2 hip Bumps) ×2

- 1&2 RF behind cross, LF side step, RF cross
- 3-4 LF side toe touch, Hold (2 left hip bumps)
- 5&6 LF behind cross, RF side step, LF cross
- 7-8 RF side toe, Hold (2 right hip bumps)

[9 - 16] Back walk ×2. Anchor step. Body sway (L-R-L). Hold

- 1-2 RF back step, LF back step
- 3&4 RF back rock, LF Recover, RF back rock
- 5-6 LF Side (Body Sway), RF Side (Body Sway)
- 7-8 LF Side (Body Sway), Hold

[17 - 24] Diagonal Lock. Lock step ×2

- 1-2 Step RF into R diagonal, lock LF behind RF
- 3&4 Step RF fwd, Lock LF behind RF, Step RF fwd
- 5-6 Step LF into L diagonal, lock RF behind LF
- 7&8 Step LF fwd, Lock RF behind LF, Step LF fwd

[25 - 32] 1/2 turn left pivot. kick ball step. Apple Jack (right-left) - Stomp. Stomp

- 1-2 RF fwd step, left 1/2 turn.
- 3&4 RF fwd Kick, step on the right foot next to the left foot (weight on both feet)
- 5&6 Right-footed toe & left-footed heel swivel, recover (center), left-footed toe & right-footed heel swivel
- 7-8 RF stomp, LF stomp

B Part 32 count

[1 - 8] Diagonal toe touch ×2. Sailor step. Diagonal toe touch ×2. Sailor step.

- 1-2 RF left diagonal forward toe touch, RF right diagonal forward toe touch
- 3&4 RF behind cross, LF side step, RF side step
- 5-6 LF right diagonal forward toe touch, LF left diagonal forward toe touch
- 7&8 LF behind cross, RF side step, LF side step

[9 - 16] Sailor Step ×3. Sailor 1/2 turn.

- 1&2 RF behind cross, LF side step, RF side step
- 3&4 LF behind cross, RF side step, LF side step
- 5&6 RF behind cross, LF side step, RF side step
- 7&8 LF behind cross, RF 1/2 turn side step, LF fwd step

[17 - 24] Diagonal toe touch ×2. Sailor step. Diagonal toe touch ×2. Sailor step.

- 1-2 RF left diagonal forward toe touch, RF right diagonal forward toe touch
- 3&4 RF behind cross, LF side step, RF side step
- 5-6 LF right diagonal forward toe touch, LF left diagonal forward toe touch
- 7&8 LF behind cross, RF side step, LF side step



[25 - 32] Sailor Step ×3. Unwind turn

- 1&2 RF behind cross, LF side step, RF side step
- 3&4 LF behind cross, RF side step, LF side step
- 5&6 RF behind cross, LF side step, RF side step
- 7-8 LF behind cross, Unwind 1/2 turn left