Sunday Best AB

拍數: 32

級數: Absolute Beginner

編舞者: Jennifer Quigley (USA) - August 2021

音樂: Sunday Best - Surfaces

Intro: 32 count-(Start with lyrics on the word "good")

Vine touch, Vine touch

- Step RF to right side, Step LF behind RF 1,2
- 3, 4 Step RF on right side, Touch LF next to RF
- 5,6 Step LF to left side, Step RF behind LF
- 7,8 Step LF on left side, Touch RF next to LF

Walk Forward, kick, Walk back, touch

- 1-4 Step forward RF, Step forward LF, Step forward RF, Kick LF
- 5-8 Step back LF, Step back RF, Step back LF, Touch RF next to LF

Toe point, Touch, Step touch, Toe Point, Touch, Step touch

- 1, 2 Point RF to right side, Touch RF next to LF
- 3, 4 Step RF to right side, Touch LF next to RF
- Point LF to left side, Touch LF next to RF 5,6
- 7,8 Step LF to left side, Touch RF next to LF

Rocking Chair, 1/2 Pivots 2x

- 1,2 Rock forward on right, recover onto left
- 3,4 Rock back on right, recover onto left
- 5,6 Step forward on right, pivot 1/8 to left putting weight on LF
- 7,8 Step forward on right, pivot 1/8 on left putting weight on LF

No tags, No restarts

Hope you like it!!!!! :D

Contact: jquigley930@gmail.com





牆數:4