

Lily's Dance

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver / Intermediate
編舞者: Gordon Timms (UK) - August 2021
音樂: Lily Was Here - Vicki Watson : (A special recording - Alto Saxophone)



(Music is not available commercially) see note below: *

Musical intro 32 counts... the 'Rhythm Section'

Start with right foot slightly forward...weight on the Left.

SECTION 1 HIP BUMPS x 2, KICK, POP BACK, 2 PRISSY WALKS.

- 1 & 2 Bump Hips Forward Right, Left, Right.
- 3 & 4 Bump hips Backwards Left, Right, Left.
- 5 & 6 Low kick Right forward, Pop back with both feet, stepping Right, Left.
- 7 - 8 Prissy Walk forward Right, Left. - Faces: 12.00

SECTION 2 JAZZ JUMP, POINT/TAP, HEEL HOOK/FLICK, ¼ TURN, LEFT LOCK STEP, STEP, DRAG.

- & 1 2 Jazz Jump Right out to Right, Left out to Left. Recover weight on to Right
- 3 - 4 Point/tap left next to Right, turning ¼ Left Hook/Flick Left Heel across Right.
- 5 & 6 Step forward on the Left, lock Right behind Left, Step forward on Left..
- 7 - 8 Step long step Right to the Right, drag and close Left to Right. (Weight on Right) - Faces: 9.00

SECTION 3 ¼ TURN, LEFT SHUFFLE, MAMBO STEP, MODIFIED COASTER STEP, SCISSOR STEP.

- 1 & 2 Turning ¼ Left, Left Forward Shuffle Left, Right, Left.
- 3 & 4 Rock Right forward, Recover on to Left, Step Right next to Left.
- 5 & 6 Step back of Left, Step Right next to Left, Cross Left over Right.
- 7 & 8 Step Right to Right side, slide and step Left next to Right, cross Right over Left. - Faces: 6.00

SECTION 4 CUCURACHA, LONG STEP, DRAG, STEP, TOUCH, KICK BALL CHANGE.

- 1 & 2 Rock Left out to Left side, recover weight to Right, Step Left next to Right.
- 3 - 4 Step long step back on Right, drag Left towards the Right.
- 5 - 6 Step Left slightly back behind Right, Touch/tap Right in front of Left.
- 7 & 8 Low kick Right slightly forward, Step Right in place, Step Left next to Right. WOL - Faces 6.00

Begin again...

FINISH: As the music fades... finish on the Touch/Tap facing front.

STARDUST DANCE PROMOTIONS (UK)

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Download the music from my website, or just follow the URL link below.

****Vicki Watson is a dear friend who is an extremely talented local musician who can play a multitude of instruments.**

She is the Musical Director of a 18 piece 'Big Band' - Also an accomplished Teacher of Saxophone and Clarinet.

Check out her website: Vicki Watson Music: <http://www.vickiwatsonmusic.co.uk>