Live Life Fast



拍數: 32 牆數: 4 級數: Easy Improver

編舞者: Sonny V. (DE) - August 2021 音樂: Memory - Kane Brown & blackbear



Intro: 16 counts, start with singing long version of the song (3:12 min.)

*1 Restart at wall 1 // **4-ct. Tag after wall 4

[1-8] Mambo Fwrd., Mambo Back, Mambo Point, Sailor 1/4 Turn Right

1&2 RF rock fwrd. - recover on LF - RF back
 3&4 LF rock back - recover on RF - LF fwrd.
 5&6 RF rock fwrd. - recover on LF - RF point right

7&8 RF behind LF - 1/4 turn right LF in place (3:00) - RF right

[9-16] Hitch Ball Cross, Hitch Ball Cross, Side Rock Recover, Behind Side Cross

1&2 LF hitch up - L ball in place - RF cross over LF
 3&4 LF hitch up - L ball in place - RF cross over LF

5-6 LF rock left - recover on RF

7&8 LF behind - RF right - LF cross over RF

*Restart the dance here in wall 1! (3:00). So you start wall 2 here.

(The following directions in the stepsheet belong to an imaginary completed wall 1)

[17-24] Shuffle Fwrd., Shuffle Frwd., Step ½ Turn Left, Fwrd., Step ¼ Turn Right, Cross

1&2 RF fwrd. - LF next to RF - RF fwrd. 3&4 LF fwrd. - RF next to LF - LF fwrd.

5&6 RF fwrd. - ½ turn left step on LF (9:00) - RF fwrd.

7&8 LF fwrd. - 1/4 turn right step on RF (12:00) - LF cross RF

[25-32] Rumba Box, Point, 1/4 Turn Right Step Back, Coaster Step

1&2 RF right - LF next to RF - RF fwrd.
3&4 LF left - RF next to LF - LF back
5-6 RF point right - RF ¼ turn right (3:00)
7&8 LF back - RF next to LF - LF fwrd.

**Tag (4 counts) after Wall 4 (12:00)

Paddle 1/4 Turn Left x4

turn ¼ left and point RF (9:00) - turn ¼ left and point RF (6:00) turn ¼ left and point RF (3:00) - turn ¼ left and point RF (12:00)

There also is a short version of the song (2:35 min.)

For taking this one you have to change a few things:

- * The Restart appears not only in wall 1 but also in wall 4 after 16 cts. Start wall 5 here to 12:00.
- ** The Tag appears after wall 5 to 3:00 (not wall 4). It is the same tag but the directions change and you come out at 3:00 again and start wall 6 then to 3:00.

Tag for short version of the song (4 counts) after Wall 5 (3:00)

Paddle 1/4 Turn Left x4

turn ¼ left and point RF (12:00) - turn ¼ left and point RF (9:00) turn ¼ left and point RF (6:00) - turn ¼ left and point RF (3:00)

Start again and have fun!

Please let me know if you have questions or feedback. Contact: dancing-unicorn@gmx.net

Last Update - 19 August 2021