Just a Little Crush

拍數: 32

級數: Beginner

編舞者: Georgie Mygrant (USA) - August 2021 音樂: Crush - Ralph

Intro: 16 - *1 Tag at the end of wall 3 for 16 counts

Walk Fwd. R, L, Triple Step, Step Back L, R, Triple Step

- Step fwd. R, L, then, step R/L/R 1 - 2 - 3 & 4
- 5-6-7&8 Step back L, R, then step L/R/L

Slide R Side, Triple Step, Slide L Side, Triple Step

1-2 3&4	Step R, step L to R, Step R/L/R
5-6-7&8	Step L, step R to L, Step L/R/L

Modified Rumba Box

- 1-2-3&4 Step R, step L to R, step R back, R/L/R
- 5-6-7&8 Step L, step R to L, step L back L/R/L

Walk Fwd. R, Turn 1/2 L, Triple Step, Step Fwd. Turn 1/4 R Triple Step

- 1-2-3&4 Step R fwd. turn 1/2 L on Rf, step on L, step R/L/R
- 5-6-7&8 Step L fwd. turn ¼ L on Lf, step on R, step L/R/L

*Tag Mambo Triple steps, Side R/L, Fwd. and Back

- 1-2-3&4 Step side R, step on L, Triple step
- 5-6-7&8 Step side L, step on R, triple step
- 1-2-3&4 Step R fwd. step back on L, Triple step,
- 5-6-7&8 Step back on L, step back to R, triple step

That's it! Hope you like it! mygeo@adamswells.com

All my routines are based on AB or beginner dancers. No turning vines or spins, no tripping steps, just easy going moves. Routines that anybody can do. I feel that some of the beginner routines scare some of the new dancers off. This way, they can work into the routines easy and understand them better. A few of mine are a little fast, but should be easy for beginners once they feel comfortable with the steps. Georgie

Last Update - 23 August 2021





牆數:4