

Can Keep it

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Jean-Pierre Madge (CH) - August 2021
音樂: Boy, You Can Keep It - Alex Newell



Intro 32 counts

Walk, Walk, Chassé, 1/4 R Touch, 1/4 R Touch, Cross Rock, Recover

- 1-2 Walk R (1), L (2),
- 3&4 Chassé R forward starting with R (3), L behind (&), R forward (4)
- 5-6 1/4 R and Touch L to L (5), 1/4 R and Touch L to L (6)
- 7-8 Cross the L over the R and Rock (7), recover (8)

1/4 L Ball Step, Pivot 1/2L, Chassé R, Side, Together, Coaster Step

- &1-2 1/4 L Step L forward (&), Step R forward (1), Pivot 1/2 L (2)
- 3&4 Chassé R forward starting with R (3), L behind (&), R forward (4)
- 5-6 Step L to L side (5), Bring R next to L (6)
- 7&8 Step L back (7), Step R next to L (&), Step L forward (8)

Tag here on wall 2 (facing 3') and 6 (facing 9')

Scuff Rock, 1/4 L Recover, Behind Side Cross, Hold and Cross, 1/4 L, Kick

- &1-2 Scuff R forward (&), Rock R forward (1), Recover on L with a 1/4 L (2)
- 3&4 Step R behind L (3), Step L to L (&), Cross R over L (4)
- 5&6 Hold (5), Step L to L (&), Cross R behind L (6),
- 7-8 1/4 L Step L forward (7), Kick R forward (8)

Out-Out, Knee pop In Out, 1/4 R Rock, Big Step back, Drag, Rock Recover

- &1-2 Step R back out (&), Step L out (1), Pop R knee in (2)
- 3&4 Pop R knee out (3), Pop R knee in (&), Pop R knee out as you do a 1/4 R and Rock on your R forward (4),
- 5-6 Big Step L back (5), Drag R next L (6)
- 7-8 Rock R behind (7), Recover on L (8)

TAG

Sweep, Cross and Sweep, Cross 1/4 L

- 1-2 Step R forward and start a Sweep with the L from behind to across the R(1-2)
- 3-4 Cross L over R (3), Step R to R (4)
- 5-6 Step L behind and start a Sweep with the R from the front to the back (5-6)
- 7-8 Cross the R behind the R (7), 1/4 L step L forward (8)

Kick and Touch and Touch and Kick and Step, Hold, 1/2L Shimmy

- 1&2& Kick the R forward (1), R next L (&), Touch the L to L (2), Bring L next R (&),
- 3&4& Touch R to R (3), Bring R next L (&), Kick L forward (4) bring L next R (&)
- 5-6 Step R forward (5), Hold (6)
- 7-8 Pivot 1/2 L and transfert the weight on your L (7-8), while you do the 1/2 shimmy your shoulders

Smile and start the dance again !

If you want to receive my last dances, send me your email : jean-pierremm@bluewin.ch

