

# Pumps and a Bump

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Youn Kyung Kim (KOR) & Young Kim (KOR) - September 2021  
音樂: Pumps and a Bump - MC Hammer



Intro - 32count /

## \*\* Notice

Original song was long. If you need a sound source, send an e-mail.

### [1-8] Forward Walk (R,L,R) , LF Together , Body Roll , Shoulder Pops (R,L,R)

1234      Walk RF(1) LF(2) RF(3) Together LF(4)  
5 6      Starting with Knees(5) complete body roll ending with upper body(6)  
7&8      R to R side with Shoulder pop R(7) L shoulder pop(&) R shoulder pop(8) (weight RF)

### [9-16] Backward Walk (L,R,L) , RF Together, Body Roll , Shoulder Pop (L,R,L)

1234      Backward Walk LF(1) RF(2) LF(3) Together RF(4)  
5 6      Starting with Knees(5) complete body roll ending with upper body(6)  
7&8      L to L side with Shoulder pop L(7) R shoulder pop(&) L shoulder pop(8) (weight LF)

### [17-24] Switch R/L , Out /In/Out (with hopping) , Knee Roll In /Out /In

1234      R to R touch (with bend L Knee) (1) step R beside L (2) L to L touch (with bend R Knee) (3) step L beside R (4)  
5&6      Both feet together Out /In /Out (with hopping) (5&6)  
7&8      Both Knees roll In/ Out/ In (7&8) (weight LF)

### [25-32] R Step , L touch L , L step , R touch beside L (with body movement), Out/ Cross\*2 , Hitch with hopping 1/2 turn , Kick

1234      Step R side R (1) Touch L side L (2) Step L side L (3) Touch R beside L (4) with body movement  
5&6&      Both feet together Out(with hopping)(5) Cross forward Rf (with hopping)(&) Both feet together Out(with hopping)(6) Cross forward Lf (with hopping)(&) (weight LF)  
7&8      Hitch R (7) 1/2 R turn (weight LF) (&) Kick forward R (like a Taekwondo kick) 6:00

## Option

You can hopping, when you 1/2 turn with your knees

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I Hope you Enjoy This Dance