

Bumpy Ride TikTok

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: Serly (INA) - September 2021
音樂: Bumpy Ride (Soca Remix) (feat. Pitbull & Machel Montano) - Mohombi



Intro 48C

Sequence A, A, B, B, A, A, B, B, A, A, B, B, B, B

Part B (16C)

Sect. 1 Hip Sway, Hip Bump

1-2-3&4 Push Hip R - L, Hip bump R - L - R
5-6-7&8 Push Hip L - R, Hip Bump L - R - L

Sect. 2 Back Cross Rock (R/L), Pivot 1/2 to L, Rocking Chair (L)

1&2 Step RF Cross Behind LF, Recover on LF, Step RF to Side
3&4 Step LF Cross Behind RF, Recover on RF, Step LF to Side
5&6 Step RF 1/2 To L, Rec on LF, Step RF Fwd
7&8 Step LF Fwd, Rec on RF, Close LF to RF

Part A (32C)

Sect. 1 Side, Together, Chasse

1 - 2 Step RF to side, Step LF next to RF
3&4 Step RF to side, Step LF together, Step RF to side
5 - 6 Step LF to side, Step RF next to LF
7&8 Step LF to side, Step RF together, Step LF to side

Sect. 2 Cross Rock (R/L) , Pivot 1/2 Turn L, Walk

1&2 Cross RF over LF, Recover on LF, RF step side
3&4 Cross LF over RF, Recover on RF, LF step side
5 - 6 Step RF forward, Turn 1/2 L step L in place
7 - 8 Step RF forward, Step LF forward

Sect. 3 Hip Bump, Behind Side Cross, Hip Bump, Behind Side Cross

1&2 Touch RF diagonally R with Hip Bump, Bump to L, Bump to R
3&4 Cross RF behind LF, Step LF to side, Cross RF over LF
5&6 Touch LF diagonally L with Hip Bump, Bump to R, Bump to L
7&8 Cross LF behind RF, Step RF to side, Cross LF over RF

Sect. 4 Botafogo, Pony step, Coaster Step

1&2 Cross RF over LF, Rock LF side to L, Recover on RF
3&4 Cross LF over RF, Rock RF side to R, Recover on LF
5&6 Step RF back with LF knee up, Recover LF ball press, Step RF back with LF knee up
7&8 Step LF Back, Step RF Beside LF, Step LF forward

Enjoy & Happy Dancing.....

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