

# Ping Pong

**COPPER KNOB**  
STEPSHEETS

拍數: 116      牆數: 2      級數: Phrased Intermediate  
編舞者: Heejin Kim (KOR) & Jaszmine Tan (MY) - September 2021  
音樂: PING PONG - HyunA&DAWN (현아&던)



Intro : 4 count from heavy beat  
Sequence : ABC ABC D Tag CBB

## Part A - 32 count

### SEC 1 : CROSS SAMBA, MAMBO R, WALK BACKWARD L,R,L

1 & 2      Cross RF over LF, step LF to L, recover on RF  
3 & 4      Cross LF over RF, step RF to R, recover of LF  
5 & 6      Rock RF fwd, Recover on LF, step back on RF  
7 & 8      Walk back LF, RF, LF

### SEC 2 : R COASTER STEP, WALK FWD L,R, PADDLE 5/8 TURN R, SYNCOPATED L ROCKING CHAIR

1 & 2      Step RF backward, close LF together RF, step RF fwd  
3 - 4      Walk fwd LF, RF  
5 - 6      Weight on R, point LF to L 1/4 R turn, point LF to L 3/8 R turn [7.30]  
7&8&      Rock LF fwd, recover on RF, rock LF behind, recover on RF

### SEC 3 : DIAMOND, CROSS SIDE ROCK RECOVER, BEHIND SIDE ROCK RECOVER

1 & 2      Step LF fwd, step RF 1/8 turning L (6.00) step LF backward 1/8 turning L [4.30]  
3 & 4      Step RF backward, Step LF 1/8 turning L (3.00), Step RF fwd 1/8 turning L [1.30]  
5 & 6      Cross LF over RF, step RF to R, recover on LF [1.30]  
7&8&      Step RF behind LF 1/8 turning R, step LF to L, recover on RF 1/8 turning R [4.30]

### SEC 4 : DIAMOND, HEELS SWITCH X 2, TOE SWIVEL, TOGETHER

1 & 2      Step LF fwd, step RF 1/8 turning L (3.00) step LF backward 1/8 turning L [1.30]  
3 & 4      Step RF backward, Step LF 1/8 turning L (12.00), Step RF fwd 1/8 turning L [10.30]  
5&6&      L heel fwd, close LF next to RF, R heel fwd, close RF next to LF  
7&8&      Touch L fwd, swivel both heels to L, swivel both heels to center, close LF next to RF

## Part B - 16 count

### SEC 1 : TRAVELLING VOLTA FULL R TURN, SYNCOPATED L ROCKING CHAIR, BIG STEP FWD, TOUCH

1&2&      Turn 1/4 R stepping RF fwd, step LF next to RF, turn 1/4 R stepping RF fwd, step LF next to RF  
3 & 4      Turn 1/4 R stepping RF fwd, step LF next to RF, turn 1/4 R stepping RF fwd [12.00]  
5&6&      Rock LF fwd, recover on RF, rock LF behind, recover on RF  
7 - 8      Step LF big step fwd, touch RF next to LF

### SEC 2 PADDLE FULL L TURN, OUT, OUT, IN, CROSS, UNWIND FULL R TURN

1 - 4      Weight on LF, point RF to R, 1/4 L turn x 3, touch RF next to LF  
5&6&      Step RF to R, step LF to L, step in RF to center, cross LF over RF  
7 - 8      Unwind full turn R (end weight on LF) [12.00]

## Part C - 32 count

### SEC 1 : KICK & SIDE ROCK X 2, SYNCOPATED R ROCKING CHAIR, FULL TURN L

1&2&      Kick RF fwd, step on RF, rock LF to L, recover on RF  
3&4&      Kick LF fwd, step on LF, rock RF to R, recover on LF  
5&6&      Cross rock RF fwd, recover on LF, rock RF behind, recover on LF  
7 - 8      Step RF fwd making a full L turn, step LF next to RF [12.00]

**SEC 2 : PRESS R FWD, PRESS L FWD, SIDE STEP, CHEST PUMP X 2**

- 1 - 4 Press RF fwd (body facing 1/8L), recover on RF, press LF fwd (body facing 1/8 R), recover on LF
- 5 & 6 Step RF to R, pump chest fwd & back (&6)
- &7&8 Close LF next to RF, step RF to R, pump chest fwd & back (&8)

**SEC 3 : SWAY R,L, R HIP BUMP, SWAY L,R, L HIP BUMP**

- 1 - 2 Sway to R, sway to L,
- 3 & 4 R hip bump x 2 and slight hitch L (4)
- 5 - 6 Sway to L, sway to R,
- 7 & 8 L hip bump x 2 and slight hitch R (8)

**SEC 4 : SAILOR STEP X 2, PIVOT 1/2 L TURN, WALK FWD R, L**

- 1 & 2 Cross RF behind L, step LF to L, step RF to R
- 3 & 4 Cross LF behind R, step RF to R, step LF to L
- 5 - 6 Step RF fwd, 1/2 turning L stepping LF fwd, [6.00]
- 7 - 8 Walk fwd R,L

# the 3rd time you dance Part C after the TAG, the steps will slow down to follow the music.

**Part D - 32 count (facing 12 o'clock)****SEC 1 : SKATE R,L, 1/8 R SHUFFLE, L FWD MAMBO, BEHIND SIDE 3/8 L TURN, CROSS**

- 1,2,3&4 Skate R, skate L, step RF 1/8 diagonal R, close LF to RF, step RF to R [1.30]
- 5 & 6 Rock LF fwd, recover on RF, step back on LF,
- 7 & 8 Step RF behind LF, step LF to 3/8 L turn, cross RF over LF [9.00]

**SEC 2 : HIP X 2, BEHIND SIDE CROSS**

- 1 - 2 Press LF to L with L hip bump and bump
- 3 & 4 Cross LF behind RF, step RF to R, cross LF over R
- 5 - 6 Press RF to R with R hip bump and bump
- 7 & 8 Cross RF behind LF, step LF to L, cross RF over L

**SEC 3 :SKATE L,R, 1/8 L SHUFFLE, R FWD MAMBO, BEHIND SIDE 3/8 R TURN, CROSS**

- 1,2,3&4 Skate L, skate R, step LF 1/8 diagonal L, close RF to LF, step LF to L [7.30]
- 5 & 6 Rock RF fwd, recover on LF, step back on RF
- 7 & 8 Step LF behind RF, step RF to 3/8 R turn, cross LF over RF [12.00]

**SEC 4 : HIP X 2, BEHIND SIDE CROSS**

- 1 - 2 Press RF to R with R hip bump and bump
- 3 & 4 Cross RF behind LF, step LF to L, cross RF over L
- 5 - 6 Press LF to L with L hip bump and bump
- 7 & 8 Cross LF behind RF, step RF to R, cross LF over R

**Tag (facing 12 o'clock) - 4 count - UNWIND FULL TURN R**

- 1 - 4 Unwind full turning R (end weight on LF)

Ending facing 12 o'clock

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