

Jump and Fall

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ein Merin (INA) - October 2021
音樂: Jump Then Fall - Taylor Swift



Start on Vocal

Section 1. Modified Rhumba box, Botafogo, Cross, Side, ¼ Turn left, Side

1&2 Step R side, Close L Together, Step R forward
3&4 Step L side, Close R together, Step L forward
5&6 Cross R over, Rock L side, Recover on R
7&8 Cross L over, Step R side, ¼ Turn Left, Step L side [9]

Section 2. Forward, Touch behind, Back, Rock back, Recover, Cross, ¼ Turn right, Back, Side, Together

1&2 Step R forward, Touch L behind, Step L back
3 - 4 Rock R back, Recover on L
5 - 6 Cross R over, ¼ Turn right Step L back
7 - 8 Big Step R side, Close L together [12]

Optional for count 3: Sit back on R when the lyric say the word FALL

Section 3. Cross Shuffle, ¼ Turn right, Back Shuffle, Coaster Step, Mambo Cross

1&2 Cross R over, Step L slightly aside, Cross R over
3&4 ¼ Turn right Step L back, Close R together (3rd pos.), Step L back
5&6 Step R back, Close L together, Step R forward
7&8 Rock L side, Recover on R, Cross L over [3]

Section 4. Chasse, ¼ Turn left, Side, Together, ¼ Turn left, Forward, Forward, Touch behind, Back, Rock back, Recover

1&2 Step R side, Close L together, Step R side
3&4 ¼ Turn left Step L side, Close R together, ¼ Turn left Step L forward
5&6 Step R forward, Touch L behind, Step L back
7 - 8 Rock R back, Recover on L

Please noticed that the step on count 5&6 and 7-8 in this section is similar to the first 5 counts in the second Section.

The difference is the following steps, so please be prepared.

TAG

After 1st repetition : 1x TAG (1x8) facing 9.00 up to 6.00

After 2nd repetition : 2x TAG (2x8) facing 3.00 up to 9.00

After 3rd repetition : 1x TAG (1x8) facing 6.00 up to 9.00

After 4th repetition : 2x TAG (2x8) facing 12.00 up to 6.00

TAG: Rhumba Box, Back shuffle, ¼ Turn left Chasse

1&2 Step R Side, Close L together, Step R forward
3&4 Step L Side, Close R together, Step L back
5&6 Step R back, Close L together, Step R back
7&8 ¼ Turn left Step L side, Close R together, Step L side

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