

One Heart

COPPER KNOB
STEPPERS

拍數: 24 牆數: 4 級數: Absolute Beginner
編舞者: Alan LeBlanc (CAN) - October 2021
音樂: One Heart - Céline Dion



#24 count intro

S1 - Weight on L; stepping to the right: step together, step touch; stepping to the left: step together, step touch

1-4 Step R to right, step L to right, step R to right, touch L to right (12:00)

5-8 Step L to left, step R to left, step L to left, touch R to left (12:00)

S2 - Step touch & clap, step touch & clap, step touch & clap, step touch & clap

1-4 Step R to right (clap), touch L to right (clap), step L to left (clap), touch R to left (clap) (12:00)

5-8 Step R to right (clap), touch L to right (clap), step L to left (clap), touch R to left (clap) (12:00)

S3 - Forward: Step together step touch, step together turn, turn (¼ to R)

1-4 Step forward on R, step L next to R, step forward on R, touch L next to R (12:00)

5-8 Step forward on L, step R next to L, turn ¼ to the right and step on L, touch R next to L (3:00)

For my senior class, it was decided to not dance all 4 walls, so here is an option for steps 5-8 in Section 3:

5-8 Step back on L, step R beside L, step back on L, touch R next to L

End of dance, start over

Last Update: 28 May 2025
