Speedoo

拍數: 32

級數: High Beginner

編舞者: Hiroko Carlsson (AUS) - October 2021

牆數: 4

音樂: Speedoo - The Cadillacs



(16 counts intro)

[S1] Charleston Fwd-Back, Lindy R

- 1 2 Sweep and touch forward on R toe, Sweep and step back on R
- 3 4 Sweep and touch back on L toe, Sweep and step forward on L
- 5&6 Step R to the side, Step L beside R, Step R to the side
- 7 8 Cross rock L behind R, Replace weight on R

[S2] Charleston Fwd-Back, Lindy L

- 1 2 Sweep and touch forward on L toes, Sweep and step back on L
- 3 4 Sweep and touch back on R toes, Sweep and step forward on R
- 5&6 Step L to the side, Step R beside L, Step L to the side
- 7 8 Cross rock R behind L, Replace weight on L**

[S3] Step-Lock-Step, Paddle Turn 1/4R, Cross Shuffle, 1/4L-1/4L

- 1&2 Step forward on R, Lock/step L behind R, Step forward on R
- 3 4 Step forward on L, Make a 1/4 turn right recover weight on R (3:00)
- 5&6 Cross L over R, Step R close to L, Cross L over R
- 7 8 Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping L to the side** (9:00)

[S4] 2x (Cross Rock w/ Hook, Side Shuffle)

- 1 2 Cross rock R over L/hook L behind R, Replace weight on L
- 3&4 Step R to the side, Step L next to R, Step R to the side
- 5 6 Cross rock L over R/hook R behind L, Replace weight on R
- 7&8 Step L to the side, Step R next to L, Step L to the side

TAG: 16 counts Tag: At the end of Wall 3 (3:00) and after Wall 6 count 16** (9:00) -Restart

- [S1] 2x (Fwd, Hold, Run-Run-Run)
- 1 2 Stomp forward on R, Hold
- 3&4 Run forward on L-R-L
- 5 6 Stomp forward on R, Hold
- 7&8 Run forward on L-R-L

[S2] Fwd Rock, Toe Strut Back R-L, Back, Together

- 1 2 Rock back on R, Replace weight on L
- 3 4 Step back on R toes, R heel down
- 5 6 Step back on L toes, L heel down
- 7 8 Step back on R, Step L together

Ending suggestion: The last wall starts facing 6:00, dance up to Section 4 count 6 (3:00), then Make a 1/4 turn left shuffle forward on L-R-L (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 27/Oct/21)

