Don't Break the Heart



拍數: 32 牆數: 4 級數: Beginner

編舞者: Lene Mainz Pedersen (DK) - October 2021

音樂: Don't Break the Heart - Tom Grennan: (iTunes)



Intro: After He sings "Just Loving You", the music kicks in. app. 8 sec.

[1-8] SIDE RO	CK,	CROS	S SH	IUFFLE,	TURN 1/4 R,	STEP R,	CROSS SHUFFLE
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1 - 2	Rock R to R side, Recover on L
3 & 4	Cross R in front of L, Step L to L, Cross R in front of L
5 - 6	Turn 1/4 R stepping back on L, Step R to R side (3:00)
7 & 8	Cross L in front of R, Step R to R, Cross L in front of R

[9-16] SIDE TOUCH R & L, SIDE TOGETHER, SHUFFLE R FW

1 - 4	Step R to R, Touch L next to R, Step L to L side, Touch R next to L
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5 - 6 Step R to R, Step L next to R

7 & 8 Step R fw, Step L next to R, Step R fw

[17-24] ROCK FW, SHUFFLE 1/2 L, TURN 1/4 L CHASSE R, BACK ROCK

1 - 2	Rock L fw, Recover on R
3 & 4	Turn 1/4 L step L to L side, Step R beside L, Turn 1/4 L step L fw (9:00)
5 & 6	Turn 1/4 L step R to R, Step L next to R, Step R to R side (6:00)
7 - 8	Rock L behind R, Recover on R

[25-32] KICK BALL CROSS X2, SIDE ROCK L, SAILOR 1/4 L

1 & 2	Kick L foot to L diagonal, Step L next to R, Cross R small step in front of L
3 & 4	Kick L foot to L diagonal, Step L next to R, Cross R small step in front of L
5 - 6	Rock L to L, Recover on R
7 & 8	Turn 1/4 L sweeping L behind R, Step R to R, Cross L in front of R (3:00)

Begin Again

TAG: After Wall 5 starts at (12:00), and ends at (3:00)

VINE R, TOUCH, VINE L, TOUCH

1 - 4	Step R to R, Cross L behind R, Step R to R, Touch L next to R
5 - 8	Step L to L. Cross R behind L. Step L to L. Touch R next to L.

ENDING: Last wall start (3:00), after count 20 you face (12:00) do these last steps: SHUFFLE FW, PRIZZY WALK L, R, L

1 & 2	Step fw on R. Step L next to R. Step fw on R
IαZ	Step twom R. Step L next to R. Step twom R

3 - 5 Cross L in front of R, Cross R in front of L, Cross L in front of R

(for styling: spread your fingers out / down for a big pose - SMILE TOO)

Contact: lene.m@privat.dk www.happylinedanceherning.dk