Yeah It's Only Me

級數: Improver

編舞者: Rika Djamhari (INA) - October 2021

音樂: It's Only Me (Studio Version) - Kaleb J

* Tag & restart after wall 2

拍數: 32

** Restart on wall 5 after 16 counts

Intro 8 counts

S1. TURN FORWARD - FULL TURN - FORWARD DIAGONALLY WITH SWEEP - CROSS OVER - TURN SIDE - CROSS BEHIND WITH SWEEP - TURN BEHIND - SIDE - FORWARD - TURN SIDE

- 1-2&. 1/4 turn right and step R forward, 1/2 turn right and step L back, 1/2 turn right and step R forward (3:00)
- 3-4&. 1/8 turn left and step L forward with sweeping RF from back to front, step R cross over L, 1/8 turn to left and step L to side (12:00)
- 5-6&. Step R cross behind L with sweeping LF from front to back, 1/4 turn to left and step L behind R, step R to side (9:00)
- 7-8&. Step L Forward, 1/4 turn to left and step R to side, step L in place (6:00)

S2. BACK ROCK - SIDE - BACK ROCK - TURN FORWARD - FORWARD - TOUCH - UNWIND - CROSS BEHIND WITH SWEEP - SIDE

- 1-2&. Step R backward, recover on L, step R to side
- 3-4&. Step L backward, recover on R, turn 1/8 to left and step L forward (4:30)
- 5-6. Step R forward, touch toe L cross over R,
- 7-8&. Full turn to right (weight on L) with sweeping RF from front to back, turn 1/8 to right and cross R behind L (6:00), step L to side

S3. TURN FORWARD, RUN L/R, BACK, TURN FORWARD, TURN TOGETHER, BACK ROCK, TURN TOGETHER - BACK ROCK - SIDE

- 1-2&. 1/8 Turn to right and step R forward, step L forward, step R forward
- 3-4&. Recover on L, 3/8 turn right and step R forward (12:00), 1/2 turn to right and step L together (6:00)
- 5-6&. Step R backward, recover on L, 1/4 turn to left and step R together (3:00)
- 7-8&. Step L backward, recover on R, step L to side

S4. TURN AND BASIC NIGHT CLUB R/L - FORWARD - RUN L/R - BACK - BACK ROCK

- 1-2&. 1/4 turn to right and step R to side (6:00), step L cross behind R, step R in place
- 3-4&. Step L to side, step R cross behind L, step L in place
- 5-6&. Step R forward, step L forward, step R forward
- 7-8&. Recover on L, step R backward, recover on L

Start again

* Tag and Restart after wall 2 (Facing 12:00)

TAG 4 Counts: SIDE AND SWAY R - SWAY L/R/L

1-4. Step R to side and sway to R, sway L, sway R, sway L

** Restart on wall 5 after 16 counts (facing 6:00)

Enjoy the dance!

Contact: rika.djamharie@gmail.com





牆數:2