Ode to My Family

級數: High Beginner

編舞者: Reina Dewiana (INA) - November 2021

音樂: Ode to My Family - The Cranberries

Restart On Wall 5 after 16 counts

拍數: 32

S1. New Yorkers

1-2	Cross rock R foot over L foot , recover weight on L foot
3&4	Step R foot to R side , step L foot beside R foot , step R foot to R side
5-6	Cross rock L foot over R foot , recover weight on R foot
7&8	Step L foot to L side , step R foot beside L foot , step L foot to L side

S2. CROSS TOUCH, JAZZ BOX

1234	Cross RF over LF, Touch LF to L, Cross LF over RF, Touch RF to R
------	--

5 6 7 8 Cross RF over LF, Turn R step LF back, Step RF to side, Step LF Fw

S3. CHASSE-TURN AND CHASSE-CUMBIA (R-L)

- 1 & 2 Step R to side, Close L beside R, Step R to side
- 3 & 4 Turn ¼ left Step L to side, Close R beside L, Step L to side
- 5 & 6 Cross R behind L, Step L in place, Step R to side
- 7 & 8 Cross L behind R, Step R in place, Step L to side

S4. Forward Rock , Recover , $\frac{1}{2}$ Turn Shuffle , Forward Rock , Recover , Coaster Step

- 1-2 Rock R foot forward , recover weight on L foot
- 3&4 Turn $\frac{1}{2}$ R stepping R foot forward , lock L foot behind R foot , step R foot forward
- 5-6 Rock L foot forward , recover weight on R foot
- 7&8 Step L foot back , step R foot beside L foot , step L foot forward

Enjoy the dance keep healthy

Contact: reinadewiana11@gmail.com





牆數:4