

No Lie

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Nung JP (INA), Yusni Zacharias (INA) & Yohana (INA) - November 2021
音樂: No Lie (feat. Dua Lipa) - Sean Paul



Intro : 16 count - No Tag no Restart

#Section I. STEP FORWARD - MAMBO FORWARD - STEP BACK - COUSTER STEP

1 - 2 Step forward R,L
3&4 Step R Forward, step L in place, step R together
5 - 6 Step back L,R
7&8 Step L back, step R together, step L forward

#Section II. SIDE TOGETHER - SIDE CHASSE - SIDE TOGETHER - 1/4 L CHASSE

1 - 2 Step R to side , step L together
3&4 Step R to side, step L beside R, step R to side
5 - 6 Step L to side, step R together
7&8 Step L to side, step R Beside L, 1/4 turn L step L forward (9:00)

#Section III. BOTA FOGO - BACK WALK

1&2 Cross R over L, step L to side, step R in place
3&4 Cross L over R, step R to side, step L in place
5 - 8 Step back R,L, R, L

#section IV. 1/4 R JAZZ BOX STEP - CHUCK 3/4 R

1 - 4 Cross R over L, step L back, 1/4 turn R step R to side, step L forward (12:00)
5 - 8 1/4 turn R step R to side (3:00) L foot to center, 1/4 turn R step R to side (6:00), 1/4 turn R Step R to side (9:00), Touch R Beside L

Enjoy your dance

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