Don't Break The Heart



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Maggie Gallagher (UK) - October 2021

音樂: Don't Break the Heart - Tom Grennan: (Amazon & iTunes)



Intro: 14 counts from start of intro vocals (8 secs)

S1: R DOROTHY.	ATED DAAL	4/ ALILIEELE D	4/ OI II IEEI E D
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1-2& Step right forward on right diagonal, Lock left behind right, Step forward on right

3-4-5 Step forward on left [12:00], Rock forward on right, Recover on left

6&7 ¼ right stepping right to right side, Step left next to right, ¼ right stepping forward on right

[6:00]

8&1 1/4 right stepping left to left side, Step right next to left , 1/4 right stepping back on left [12:00]

S2: 1/4, TOUCH & CROSS, SIDE, BEHIND SIDE CROSS, POINT

2 ½ right stepping right to right side [3:00]

3&4 Touch left next to right, Step down on left next to right, Cross right over left

5 Step left to left side

6&7 Cross right behind left, Step left to left side, Cross right over left

8 Point left to left side

S3: BEHIND, POINT, 1/4, POINT & STEP, HOLD, & WALK, WALK

1-2 Cross left behind right, Point right to right side

3-4& 1/4 right stepping right next to left, Point left to left side, Step left next to right [6:00]
5-6& Step right forward on right diagonal bending knee, HOLD, Step left next to right [7:30]

7-8 Walk forward on right, Walk forward on left [7:30]

Optional styling note: On count 5, bend right knee as he sings "on my knees" - Walls 3, 5 & 7

S4: ROCK, RECOVER, ½ SHUFFLE R, ROCK, RECOVER, ½ SHUFFLE L

1-2 Rock forward on right, Recover on left

3&4 ¼ right stepping right to right side, Step left next to right, ¼ right stepping forward on right

[1:30]

5-6 Rock forward on left, Recover on right

7&8 ½ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [7:30]

*Restart Wall 2

S5: SIDE, BEHIND/DIP, 1/4, STEP 1/2 STEP, WALK, L LOCK STEP

1-2 Step right to right side straightening to [6:00], Cross left behind right bending knees

3 ½ right stepping forward on right [9:00]

4&5 Step forward on left, ½ pivot right, Step forward on left [3:00]

6 Walk forward on right

7&8 Step forward on left, Lock right behind left, Step forward on left

S6: WALK, WALK, FORWARD COASTER, BACK, TOUCH, ½ UNWIND, ½

1-2 Walk forward on right, Walk forward on left

3&4 Step forward on right, Step left next to right, Step back on right

5-6 Step back on left, Touch right behind left

7-8 Unwind ½ right (transferring weight to right), ½ right stepping back on left [3:00]

S7: BACK, TOUCH, 1/2 UNWIND, STEP, 1/4 PIVOT, CROSS, SIDE ROCK CROSS

1-2 Step back on right, Touch left behind right

3-4 Unwind ½ left (transferring weight to left), Step forward on right [9:00]

5-6 ½ pivot left, Cross right over left [6:00]

S8: POINT & POINT & TOUCH, HOLD, & POINT & POINT & TOUCH, HOLD, &

Point right to right side, Step right next to left, Point left to left side, Step down on left next to 1&2&

right

3-4& Touch right forward slightly forward, HOLD, Step right next to left

Point left to left side, Step left next to right, Point right to right side, Step down on right next to 5&6&

7-8& Touch left slightly forward, HOLD, Step left next to right

RESTART: Dance 32 counts of Wall 2, then restart the dance facing [12:00]

TAG: At the end of Wall 3, dance the 8 count tag facing [6:00]: ROCKING CHAIR, STEP, ½ PIVOT, STEP, ½ PIVOT

Rock forward on right, Recover on left, Rock back on right, Recover on left 1-2-3-4 5-6-7-8 Step forward on right, ½ pivot left, Step forward on right, ½ pivot left [6:00]

ENDING: Dance 24 counts of Wall 8, then stomp forward on right to finish facing [12:00]

Thank you to Kelvin Deadman for suggesting the music

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