

If We Hold On Together

拍數: 48 牆數: 4 級數:
編舞者: June Toh (MY) - November 2021
音樂: If We Hold On Together - Diana Ross



[1-8] Diag R step, L fwd coaster, behind side cross, diag L fwd coaster, sweep & step R back

- 1-2&3 Step R fwd to R diagonal, step L fwd, step R together, step L back (1:30)
4&5 Step R behind L, step L beside R, step R across L and slightly fwd to L diagonal (10:30)
6&7-8 Step L fwd to L diagonal, step R together, step L back, sweep R back to step behind L

[9-16] L back rock, recover, tog, R back rock, recover, tog, step L, touch R, rolling full turn R

- 1-2&3-4 Rock step L back, recover onto R, step L together, rock step R back, recover onto L
&5-6 Step R together (12:00), big step L to L, drag R to touch beside L
7&8 Step R fwd $\frac{1}{4}$ R, step L back $\frac{1}{2}$ R, step R to R $\frac{1}{4}$ R sweeping L fwd (12:00)

[17-24] L cross lunge, hitch, step back with sweep, hitch, weave R, back rock, recover

- 1-2 Step L across R in a lunge, recover onto R hitching L (figure of 4) (12:00)
3-4 Step L behind R sweeping R from front to back, step R behind L hitching L (figure of 4)
5&6& Step L behind R, step R to R, step L across R, step R to R
7-8 Step L behind R, recover onto R

[25-32] L step fwd, R chase turn, L chase turn, sways

- 1-2&3 Step L fwd, step R fwd, pivot $\frac{1}{2}$ L onto L, step R fwd
4&5 Step L fwd, pivot $\frac{1}{2}$ R onto R, step L to L swaying L
6 -7- 8 Continue to sway R-L-R

[33-40] L cross lunge, hitch, step back, hitch $\frac{1}{4}$ R, weave R, cross rock, recover

- 1-2 Step L across R in a lunge (restart after this on wall 5), recover onto R hitching L (figure of 4)
3-4 Step L behind R, transfer weight onto R hitching L & making $\frac{1}{4}$ turn R (3:00)
5&6& Step L across R, step R to R, step L behind R, step R to R
7-8 Step L across R (restart after this on walls 2 & 4), recover onto R slightly hitching L with toes pointed down

[41-48] L step fwd, R chase turn, L chase turn, sways, step L beside R

- 1-2&3 Step L fwd, step R fwd, pivot $\frac{1}{2}$ L onto L, step R fwd
4&5 Step L fwd, pivot $\frac{1}{2}$ L onto R, step L to L swaying to L
6-7-8& Continue to sway R-L R, step L beside R

Begin dance again and enjoy!

Restarts 1&2: On walls 2 (3:00) and 4 (9:00), dance till count 39 then touch R beside L before starting the dance again.

- 37&38& Step L across R, step R to R, step L behind R, step R to R
39-40 Step L across R, touch R beside L

Restart 3 : On wall 5 (12:00), dance till count 32, then L cross lunge and drag R to L to begin again

- 30-32 Continue to sway R-L-R
33-34 Step L across in a lunge, drag R towards L

Ending : On wall 6 (12:00), slow down with the music & dance till count 35 then hitch L or sweep left foot around a full turn R to finish in front.

- 33-34 Step L across R in a lunge, recover onto R hitching L (figure of 4)

35-36

Step L behind R, transfer weight onto R hitching L (or sweeping left foot around) full turn R to face front & end!
