Be Alright

級數: Beginner

編舞者: Sandra Lumbanraja (INA) - November 2021

音樂: We'll Be Alright - Travie McCoy

Start dancing after 32 counts of the vocal intro. (No Tag - No Restart)

- S1: Grapevine Twist
- 1,2,3,4 step right side on RF, cross LF behind RF, Step right side on RF, step LF next RF
- 5,6,7,8 swivel both heels right, heels center, Swivel both heels right, heels center

S2: Charleston step - Out In Out In

- 1,2 step RF forward, touch LF forward
- 3,4 step LF back next to RF, touch RF back
- 5,6,7,8 RF out, LF out, RF in, LF in

S3: Monterey (1/2) - Kickball Change - Pivot 1/4 turn left

- 1, 2 touch right side on RF, RF close 1/2 turn to right close beside LF
- 3,4 touch left side on LF, LF close beside RF
- 5 & 6 RF kick, RF step back beside LF, LF forward
- 7, 8 RF forward, pivot 1/4 turn left

S4 : Botafogo - Jazzbox 1/4

- 1&2 step RF cross over LF, LF to side, RF in place
- 3&4 LF cross over RF, RF to side, LF in place
- 5,6,7,8 step RF cross over LF, LF back, RF 1/4 turn to right, LF cross over RF

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拍數: 32

牆數

牆數:2