

# Skate

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Glenn Ball (USA) - November 2021  
音樂: Skate - Bruno Mars, Anderson .Paak & Silk Sonic



Start on lyrics,

## DOUBLE STEP TO R DIAGONAL, ONE STEP BACK L DIAGONAL, ONE STEP BACK R DIAGONAL

1&2&      Step RF to R Diagonal closing L together. Repeat R to R diagonal and Tap L  
3&4&      Reverse Stepping LF back to L diagonal tap RF. Step RF back to R diagonal and tap LF.  
567&8      Step LF to diagonal landing on toe with heel up. Pop Head up. 2 Left Shoulders

## 2 SLIDES TO R. GRAPE VINE TO L

1234      Step RF to R side, Lock LF behind R, Step RF to R side, Tap LF next  
5678      Step LF to L, Cross RF behind L, Repeat LF to L side, Tap R next to L

## KICK AND ROCK STEP BACK WARDS X2, KICK HOOK TURN, HEEL POPS X2

1&2&3&4&      Kick RF forward, Land RF over L, Rock back then forward stepping LF back then in place on RF. Repeat on L  
5678      Kick R foot forward with a small circular motion inwards turning a ¼ turn L before placing R Ball of foot back with R heel up. Keep both feet in place tapping the R heel twice onto the floor

## HOOK RF ACROSS L, CROSS ARMS X 2, ARMS UP TO SKY

&12      Jump L foot underneath your hips as you kick the RF forward. Hook The R calf across the shin of LF. Hold 2  
34      Cross arms keeping fingers spread like they're against a wall, Open Arms.  
56      Repeat arms again this time stepping RF across L. Step LF next to R shoulder Width apart  
78      Point hands up to sky, Hold 8

## TAG - on end 3rd Wall.

1234      Skate R right, skate L left  
5678      Rolling vine to R  
1234      Rolling Vine to L  
5&6&78      Tap R toe forward and lift R hip Up and Down and Up. Hold the Hips up and Pop head upwards.