Don't Cry, My friend



拍數: 32 牆數: 4 級數: Improver / Intermediate NC2

編舞者: Des Ho (SG) - November 2021

音樂: Peng You Bie Ku (朋友別哭) - Liu Zi Ling (劉紫玲)



Intro: 36 counts from beginning - No Tag, No Restart

Section 1: R & L Basic NC2, L Coaster Step, R Forward, Pivot 1/2 turn L [6:00]

1 2&3 Long Step R to R side, Step back on L, Recover on R, Long Step L to L side

4&5 Step back on R, Recovery on L, Step to R6&7 Step back on L, Step R together, Step L forward

8& Step R forward, 1/2 turn L weigh on L

Section 2: 1/2 turn L Back, Sweep Back L, R, Behind Side Cross Rock, Side Cross Rock [12:00]

1 2 3 Make 1/2 turn L stepping back on R (1), Sweep back on L (2) & R (3)

4&5 Sweep behind on L, Step R to R side, Cross L over R

6&7 8 Recover on R, Step L to L side, Cross R over L, Recover on L

Section 3: R Basic NC2, 1/4 L Forward, R Forward Pivot 1/2 turn L, 1/2 turn Back (Ronde) Behind Side Cross (Ronde) Cross Side Behind [9:00]

1 2&3 Long step R to R side, Step back on L, Recover on R, Make 1/4 turn L stepping forward on L

(9:00)

4&5 Step R forward, 1/2 turn L weigh on L, 1/2 turn L step back on R & sweep L behind

Step back on L, Step R to R side, Cross L over R & Sweep R forward
Cross R over L, Step L ft to L, Cross R behind L & sweep L behind (1)

Section 4: Sweep Back L, Side Drag, Cross Rock, Modified Rumba Box, L Forward Rock [9:00]

2 3 Step back on L (2), Long Step to R side & drag L towards R (3)

4& Cross L over R, Recover on R

5 6& Long step L to L side & drag R towards L (5), Step R next to L(6), Step L forward (&)

7 8 Lunge R forward (7), Recover on L (8)

Repeat & Enjoy!

Footnote:

- 1) Music will fade away from the 8th rotation (Wall 8) and continue to dance to end around section 3 facing 12:00
- 2) If you are using 呂方, 孙露 and other artiste's version, at end of wall 4 there is a 4- count tag Long step R to R, Touch L next to R, Long step L to L, Touch R next to L

For query & music, contact choreographer - beaverct@gmail.com