A Little Bit of Sunshine



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Des Ho (SG) - November 2021

音樂: Sunshine - OneRepublic



Des Ho - Date: Nov 2021

Intro: 32 counts from beginning [00.14]

Happy Thanksgiving! Just thought we"ve a bit of fun and groove it out this coming festive seasons.

Section 1: Forward Touch Back Touch, R & L Back Shuffle [12:00]

1 - 2	Step R to right front diagonal, Touch L beside R
3 - 4	Step L to left back diagonal, Touch R beside L
5 & 6	Step back on R, Step L beside R, Step back on R
7 & 8	Step back on L, Step R beside L, Step back on L

Section 2: Back Touch Forward Touch, R&L Forward Shuffle [12:00]

1 - 2	Step R to right back diagonal, Touch L beside R
3 - 4	Step L to left front diagonal, Touch R beside L
5 & 6	Step R forward, Step L beside R, Step R forward
7 & 8	Step L forward, Step R beside L, Step L forward

Section 3: Rocking Chair, Paddle 1/8 Turn L, Paddle 1/8 Turn L [9:00]

1 - 4 Step R forward, Recover on L, Step back on R.	Recover on L * see note 1
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5 - 6	Step R forward, Make 1/8 turn L & step on L
7 - 8	Step R forward, Make 1/8 turn L & step on L

Section 4: Jazz Box, Out Out In In [9:00]

1 - 2	Cross R over L, Step back on L
3 - 4	Step R to R side, Cross L over R

5 - 6 Step R to R front diagonal, Step L to L front diagonal

7 - 8 Step back on R, Step back on L

Repeat & Enjoy!

Footnote:

(1) During the 10th rotation (wall 10) facing 9:00, dance up to end of section 2 or first 16 counts and do the following *4-count tag:

Tag: Hold for 2 counts and Shout "Let's Go" & clap hands

1 - 2	Pause and hold for 1st 2 counts
3 - 4	Shout "Let Go"(3) & clap hand (4)

(2) * Optional ending: During the 11th rotation (wall 11), dance up to 4th count of section 4 and replace last 4 counts "Out out In In" with following, ending at 12:00:

5 - 6 Step R forward, Pivot 1/2 turn L weigh on L [12:00]

7 - 8 Step R forward, Step L forward & Pose

For query & music, contact choreographer - beaverct@gmail.com