So Happy It Hurts

拍數: 32

級數: Improver

編舞者: Susanne Oates (UK) - November 2021

音樂: So Happy It Hurts - Bryan Adams

#16 Count intro from strong beat. Available on iTunes.***3 Restarts:Wall 3. Starts at 60'clock. Dance to Count 16 then restart at 90'clock

Wall 8. Starts at 90'clock. Dance to Count 16 then restart at 120'clock

Wall 12. Starts 9o'clock. Dance to Count 8 then restart still at 9o'clock now counted Wall 13

Order: Walls 1&2=32 Wall 3=16 Walls 4,5,6,7=32 Wall 8=16 Walls 9,10,11=32 Wall 12=8 Wall 13,14=32

Ending; During Wall 15 starts 3o'clock dance to count 16 (6o'clock) walk round in a semi-circle turning Right stepping Right. Left. Right. Left to face the front.

Side. Together. Forward Shuffle. Side. together. Forward Shuffle.

- 1 2 Step right to side. Step left beside right.
- 3 & 4 Step forward on right. Step left beside right. Step forward on right
- 5 6 Step left to side. Step right beside left.
- 7 & 8 Step forward on left. Step right beside left. Step forward on left.

Restart here Wall 12 facing 9o'clock

Forward Rock. 1/2 Turn Right Shuffle. Forward Rock. 1/4 Left Turn. Touch.

- 9 10 Rock forward on Right. Recover onto left.
- 11&12 ¹/₄ turn right, stepping right to side. Step left beside right. ¹/₄ turn right, stepping right forward.
- 13 14 Rock forward on left. Recover onto right.
- 15 16 ¹/₄ turn left. Touch right beside left. (3o'clock)

Restart here Wall 3 (Starts at 6o'clock restarting at 9o'clock) and

Wall 8 (Starts at 9o'clock restarting at 12o'clock)

Side. Touch. ¼ Left. ½ Left. ¼ Left Chasse. Back Rock.

- 17 18 Step right to side. Touch left beside right.
- 19 20 ¼ left turn stepping forward on left. ½ left turn, stepping back on right.
- 21&22 ¼ left turn stepping left to side. Step right beside left. Step left to side.

(Easy option for 19-22: Left side. Step Right beside left. Chasse Left)

23 24 Rock back on right. Recover onto left.

Kick. Ball. Cross. Side. Touch. Kick. Ball. Cross. Back Lock.

- 25&26 Kick right to right diagonal. Step ball of right beside left and slightly back. Step left across right.
- 27 28 Step right to side. Touch left beside right.
- 29&30 Kick left to left diagonal. Step ball of left beside right and slightly back. Step right across left.
- 31&32 Step back on left. Step right across left. Step back on left (3o'clock)

START AGAIN





牆數:4