

Skating

拍數: 96 牆數: 4 級數: Intermediate Pattern Waltz
編舞者: Gregory F. Huff (USA) - December 2021
音樂: Skating - Vince Guaraldi Trio : (Charlie Brown Christmas OST)



PATTERN: AA AAB AA TAG1 CCC TAG2 BAA TAG1

24 count into

PART A: 24c

SKATE, SKATE

- 1-3 Slide left foot forward diagonally left, slide right foot next to left, slide left foot diagonally forward left
- 4-6 Slide right foot forward diagonally right, slide left foot next to right, slide right foot diagonally forward right

SKATE, STEP HOP

- 1-3 Slide left foot forward diagonally left, slide right foot next to left, slide left foot diagonally forward left
- 4-6 Step right foot diagonally forward right, hold, hop on your right foot as you slowly cross your left over right

CROSS, ROCK

- 1-3 Cross left over right as you rock forward, hold, hold
- 4-6 Rock back on your right foot, hold, hold

¼ TURN LEFT, STEP

- 1-3 Step left foot ¼ turn left, hold, hold
- 4-6 Step right next to left, hold, hold.

PART B: 24c

CROSS, GRAPEVINE

- 1-3 Cross left foot over right, hold, hold
- 4-6 Step right foot to the right, cross left foot behind right, step right foot to the right

CROSS, STEP

- 1-3 Cross left foot over right as you rock forward, hold, rock quickly back on your right foot
- 4-6 Step left foot on the left side, hold, hold

CROSS, GRAPEVINE

- 1-3 Cross right foot over left, hold, hold
- 4-6 Step left foot to the left, cross right foot behind left, step left foot to the left

CROSS, STEP

- 1-3 Cross right foot over left as you rock forward, hold, rock quickly back on your left foot
- 4-6 Step right foot on the right side, hold, hold.

PART C: 48c

STEP, DRAG

- 1-3 Take a big step forward diagonally left, hold, hold
- 4-6 Slowly drag your right foot next to your left for 3 counts

STEP, DRAG

- 1-3 Take a big step forward diagonally right, hold, hold
- 4-6 Slowly drag your left foot next to your right for 3 counts

TURNING SHUFFLE

- 1-3 Step left foot ¼ turn left, step right foot next to left, step left foot slightly left
4-6 Step right foot ¼ turn right, step left foot next to right, step right foot slightly right

TURNING SHUFFLE

- 1-3 Step left foot ¼ turn left, step right foot next to left, step left foot slightly left
4-6 Step right foot ¼ turn right, step left foot next to right, step right foot slightly right

STEP HOLD, TAP TAP BRUSH

- 1-3 Step left foot forward, hold, hold
4-6 Tap right toe on floor behind you twice, brush right foot forward

STEP HOLD, TAP TAP BRUSH

- 1-3 Step right foot forward, hold, hold
4-6 Tap left toe on the floor behind you twice, brush left foot forward

ROCK FORWARD, ROCK BACK

- 1-3 Rock forward as you step your left foot forward, hold, hold
4-6 Rock back on your right foot, hold, hold

SYNCOATED COASTER STEP LOCK STEP

- 1-3 Step left foot backward, hold, step right next to left
4-6 Step left foot forward, hold, cross right foot behind left.

Repeat, add your own style & have fun!!

TAG 1 ON WALLS 7 & 13 (at :59 and 2:13 in music):

Repeat last 12 counts of Part A:

CROSS, ROCK

- 1-3 Cross left over right as you rock forward, hold, hold
4-6 Rock back on your right foot, hold, hold

¼ TURN LEFT, STEP

- 1-3 Step left foot ¼ turn left, hold, hold
4-6 Step right next to left, hold, hold.

TAG 2 ON WALL 10 (at 1:46 in music):

ROCKING CHAIR

- 1-3 Rock forward as you step your left foot forward, hold, hold
4-6 Rock back on your right foot, hold, hold
1-3 Rock backward as you step your left foot backward, hold, hold
4-6 Rock forward on your right foot, hold, hold.

Glide across the floor as if you're one of the cartoon characters ice skating and have fun!

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