# My Roots

拍數: 28          牆數: 2          級數: High Beginner

編舞者: Toni Nehila - December 2021

音樂: Roots - Lathan Warlick & RaeLynn

**[1-8] walk forward R L, Side rock cross R L, Side rock cross L R, Full turn**

| | |
|---|---|
| 1-2 | walk forward R And L |
| 3&4 | Side rock cross (rock R recover L as crossing R) |
| 5&6 | Side rock cross (Rock L recover R as crossing L) |
| 7-8 | Full turn |

**[9-16] Two hip bumps R, Two hip bumps L, Step forward R 1/4 turn L Step L, Forward R 1/4 turn L step L**

| | |
|---|---|
| 9-10 | Two R hip bumps |
| 11-12 | Two L hip bumps |
| 13-14 | step R forward 1/4 turn L step L |
| 15-16 | step R forward 1/4 turn L step L |

**[17-24] Step R pivot 1/2 turn weight on L, Step R full turn, Side rock recover R, Side rock recover L**

| | |
|---|---|
| 17-18 | step forward R pivot 1/2 turn weight on L |
| 19-20 | step R full turn |
| 21&22 | side rock recover (rock R. on & recover L. on 22 bring R next to L) |
| 23&24 | side rock recover (rock L. on & recover on R. on 23 bring L next R) |

**[25-28] Step forward R pivot 1/2 turn, shuffle R L R, shuffle L R L and start new wall.**

| | |
|---|---|
| 25-26 | step forward R pivot 1/2 turn |
| 27-28 | shuffle forward R L R, L R L |

There are Two Restarts on walls 3 & 6 after you dance16 counts
Step forward R 1/4 turn left step L
Step forward R 1/4 turn left step L
Then Restart walk R L