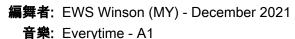
Everytime I...

拍數: 48

級數: High Intermediate



牆數:2

Intro : Start from the vocal 'Lately I'm not...' (Approx 0.23 sec) Note(s) : There are 3 Restarts with some step changes. Restart 1 happens on Wall 2 after 40 counts. Restart 2 happens on Wall 4 after counts 31& with step changes. Restart 3 happens on Wall 6 after 30 counts.

#1 (1-8) R-L Basic Nightclub, ¼ (R) with R Forward, L Pivot ½ (R), ¼ (R) with L Side, R Behind, L Side

- 1-2& Weight on LF: Step RF to R side (1), rock LF behind RF (2), recover weight on RF slightly crossing over LF (&) 12.00
- 3-4& Step LF to L side (3), rock RF behind LF (4), recover weight on LF slightly crossing over RF (&) 12.00
- 5-6& Turn ¼ R stepping RF forward (5), step LF forward (6), turn ½ R shifting weight to RF (&) 9.00
- 7-8& Turn ¼ R stepping LF to L side (7), cross RF behind LF (8), step LF to L side (&) 12.00

#2 (9-16) R Cross Rock & Recover, R Side Rock & Recover, R Back Rock & Recover, R Hinge ½ (L), R-L Forward Prissy Walk, R Forward Press & L Back Glide, Full Turn (L)

- 1&2& Cross rock RF over LF (1), recover weight on LF (&), rock RF to R side (2), recover weight on LF (&) 12.00
- 3&4& Rock RF back (3), recover weight on LF (&), turn ¼ L stepping RF back (4), turn ¼ L stepping LF to L side (&) 6.00
- 5-6 Cross walk forward on RF over LF (5), cross walk forward on LF over RF (6) 6.00
- 7-8& Press R toes forward gliding LF back (7), turn ½ L stepping LF forward (8), turn ½ L stepping RF back (&) 6.00

#3 (17-24) ½ (L) with L Forward & R Sweep, R Diamond Full Turn (R)

1 Turn 1/2 L stepping LF forward sweeping RF from back to front (1) *** 12.00

Wall 5 begins here.

- 2&3 Cross RF over LF (2), turn 1/8 R stepping LF to L side (&), step RF back (3) 1.30
- 4&5 Cross LF behind RF (4), turn ¹/₄ R stepping RF to R side (&), step LF forward (5) 4.30
- 6&7 Cross RF over LF (6), turn ¼ R stepping LF to L side (&), step RF back (7) 7.30
- 8& Cross LF behind RF (8), turn 3/₃ R stepping RF forward (&) 12.00

#4 (25-32) L-R Syncopated Side Sways with L Sweep, L-R Modified Serpiente Steps, R Back & L Sweep, L Back Rock & Recover, L Pivot ½ (R)

- 1-2&3 Step LF to L side swaying body to L side (1), sway body to R side (2), sway body to L side (&), sway body to R side sweeping LF from back to front (3) 12.00
- 4&5-6 Cross LF over RF (4), step RF to R side (&), cross LF behind RF sweeping RF from front to back (5), step RF back sweeping LF from front to back (6) *** 12.00

On Wall 6, replace 7&8& with "Step LF back sweeping RF from front to back (7), rock RF back (8), recover weight on LF (&)". Begin the dance again, facing 12.00 o'clock.

7& Rock LF back (7), recover weight on RF (&) *** 6.00

On Wall 4, change L Pivot ½ R to "Rock LF forward (8), recover weight on RF (&)". Wall 5 will begin from Section 3, facing 6.00 o'clock.

8& Step LF forward (8), turn ½ R shifting weight to RF (&)

#5 (33-40) ½ (R) with L Back & R Sweep ¼ (R), R Behind, L Side, R Cross Rock & Recover, R Side, L Cross, R Side Lunge & Recover ¼ (L) with L Draw, R Rocking Chair

1-2& Turn ½ R stepping LF back sweeping RF from front to back making another ¼ R (1), cross RF behind LF (2), step LF to L side (&) 3.00



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- 3&4& Cross rock RF over LF (3), recover weight on LF (&), step RF to R side (4), cross LF over RF (&) 3.00
- 5-6 Lunge RF to R side (5), recover weight on LF turning ¼ L and draw R toes towards LF (6) 12.00
- 7&8& Rock RF forward (7), recover weight on LF (&), rock RF back (8), recover weight on LF (&) *** 12.00

Restart here on Wall 2. Begin the dance again, facing 6.00 o'clock.

#6 (41-48) R Forward & ½ (L) with L Forward Kick, L-R Forward Run, L Forward & ½ (R) with R Forward Kick, R-L Forward Run, R Pivot ½ (L), L Spiral Full Turn (R), R-L Forward Run

- 1-2& Step RF forward turning ½ L and kick LF forward (1), run forward on LF-RF (2-&) 6.00
- 3-4& Step LF forward turning ½ R and kick RF forward (3), run forward on RF-LF (4-&) 12.00
- 5-7 Step RF forward (5), turn ½ L keeping weight on RF (6), make a full turn R over R shoulder ended with RF crossing over LF (7) 6.00
- 8& Run forward on RF-LF (8-&) 6.00