Dear Moms'

級數: Intermediate

編舞者: Gati Tjipto Ramianto (INA) - December 2021

音樂: Sio Mama - Nanaku

Part 1: Night club, turn 1/4 + 1/4 -left, scissor, step side, spiral full turn to left., lock shuffle forward. 1.2&3 -Step RF to side, step LF cross behind R, recover RF, Turn 1/4 Left (09.00) step LF forward 4 & 5 turn 1/4 left (06.00) step RF to R side, step LF close to R, step RF cross over L, 6-7 Step LF to side, step RF cross over L, ready to do spiral full turn to left (06.00) doing flick on left food. 8&1 lock shuffle - step LF forward, step RF cross behind L, step LF forward. (06.00) Part 2 : Rhumba box, step on ball turn 1/2 L, full turn left. 2&3 Step RF to side, step LF close to R, step RF forward, 4 & 5 step LF to side, step RF close to L, step LF back, 6 step on ball RF forward and turn 1/2 L (weight on R) & step LF (ready make full turn to L) 7 & 8 & turn 1/2 Left step LF back, cont moving till facing (12.00).

Part 3 : Coaster step forward , turn 1/4 R, coaster step, turn 3/4 L, syncopated to right.

- 1,2 & :: Rock RF forward, recover LF, step RF close to L,
- 3, 4 & 5 turn 1/4 R, step LF forward, recover on R, turn 1/2 step LF forward, ,step RF cross over left Ready to make 3/4 L, (weight on Right foot)
- 6 & 7 & 8 & 1 Step LF cross over R, step RF to side step LF cross behind R, Step RF to side, step LF cross over R, step RF to side, step LF cross behind R, Sweep RF from front to back

Part 4 : Step cross behind, step side, rock forward, recover, coaster step, recover step, turn 1/4 L, syncopated to left.

- 2&3 step RF cross behind L, step LF to side, Rock RF forward,
- 4 & 5 Step LF in place, step RF close to L, step LF forward,
- 6 & 7 & 8 & Step RF back, turn 1/4 L, Step LF to side step RF cross over L, step Lf to side, step LF cross behind L, step LF beside R.

Start over the dance

Tag : End of wall 5, facing to 09.00 Sway : R, L, R, L.





拍數: 32

牆數:4