

A Thousand Year Wait (千年等一回)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Loh Yan Hua (CN) - December 2021
音樂: Qian Nian Deng Yi Hui (千年等一回)



Script : Alice Chan & Mary Frances Chua

Credit : Part A is adapted from Rizhao Fei Ge (China Square Dance)

Sequence of Dance : A, Tag 1, A, Tag 2, A*, A, A, B, Tag 1, B, Tag 2, B*, B, B

Note :

A* : Main Dance A after S1, S2 add Tag 2, then continue with S3 & S4

B* : Main Dance B after S1, S2 add Tag 2, then continue with S3 & S4

Main Dance A (32 counts x 5)

Section 1 : (Forward Cross, Point) x2, (Back Cross, Point) x2

1, 2, 3, 4 Cross R over L, point L side. Cross L over R, point R side

5, 6, 7, 8 Cross R behind L, point L side. Cross L behind R, point R side (12:00)

Section 2 : ¼ turn Right step R side, L point and clap 4 times with hip thrusts, ½ turn Left by stepping L forward, R touch next to L

1, 2 Step R side making ¼ turn right, touch L toe side (3:00)

3, 4, 5, 6 Do hip thrust together with clap 4 X

7, 8 Step L forward making ½ turn left, R touch next to L (9:00)

Tag 2 Sway RL at Wall 3 (9:00)

Section 3 : Vine to Right, Touch and Clap. Vine to Left with 1/4 turn left, Touch and Clap

1, 2, 3, 4 Step R to side, cross L ft behind R ft. Step R ft to side, touch L ft next to R and clap

5, 6, 7, 8 Step L to side, cross R ft behind L ft. Make ¼ turn left by stepping L side (6:00) Touch R ft next to L ft and clap

Section 4 : Chasse to Right, Rock Back, Recover. Chasse to Left, Rock Back, Recover

1, 2, 3, 4 Chasse to right on R-L-R, L rock back, R recover

5, 6, 7, 8 Chasse to left on L-R-L, R rock back, L recover (6:00)

Tag 1&2 Sway RLRL end of Wall 1 (6:00) & Sway RL end of Wall 2 (12:00)

Main Dance B (32 counts x 5) Start at 6:00

Section 1 : Right & Left Step Side, Together, Step Side, Touch

1, 2, 3, 4 Step R to side, step L next to R. Step R to side, touch L next to R

5, 6, 7, 8 Step L to side, step R next to L. Step L to side, touch R next to L

Section 2 : (Rocking Chair) x2

1, 2, 3, 4 Step R forward, L recover. Step R back, L recover

5, 6, 7, 8 Step R forward, L recover. Step R back, L recover

Tag 2 Sway RL at Wall 8 (6:00)

Section 3 : (Shuffle Forward) x2, Hip Bumps

1&2, 3&4 Shuffle forward on R-L-R, L-R-L

5, 6, 7, 8 R step forward and do hip bumps on RLRL

Section 4 : ½ Left Turn (Shuffle Forward) x2, Jazz Box

1&2, 3&4 ½ turn over left shoulder then shuffle forward on R-L-R, L-R-L

5, 6, 7, 8 Cross R over L, L step back, R step side, L step next to R (12:00)

Tag 1&2 Sway RLRL end of Wall 6 (12:00) & Sway RL end of Wall 7 (6:00)

Tag 1 : (4 counts sway RLRL) End of Wall 1 (6:00) & Wall 6 (12:00)

Tag 2A : (2 counts sway RL) End of Wall 2 (12:00) & Wall 7 (6:00)

Tag 2B : (2 counts sway RL) on Wall 3 (9:00) & Wall 8 (6:00) after S2 then continue with the dance
