### **Our Motto**



拍數: 64 牆數: 4 級數: High Intermediate

編舞者: EWS Winson (MY), Adeline Cheng (MY) & Heru Tian (INA) - January 2022

音樂: The Motto - Tiësto & Ava Max



Intro: 8 counts in (Approx 0.04 sec)

Note(s): There is a Restart on Wall 3 after 16 counts.

# #1 (1-8) R Forward Scuff, R Side, R Swivel Heel-Toes-Heel, L Back Rock & Recover, ½ (R) with L Back & R Sweep, R Behind, L Side

1-2 Weight on LF: Scuff RF forward (1), step RF to R side (2) 12.00

Swivel R heel-toes-heel in towards LF (3-&-4) - feet are together with no weight 12.00

Rock LF back (5), recover weight on RF (6), turn ½ R stepping LF back while sweeping RF

from front to back (7) 6.00

8& Cross RF behind LF (8), step LF to L side (&) 6.00

# #2 (9-16) R Cross, Hold, L Ball, R Heel Forward Diagonal Touch, R Ball, L Cross, R Side, L Sailor ¼ (L) with L Forward

1-2 Cross RF over LF (1), hold for 1 count (2) 6.00

&3-4 Step LF to L side (&), touch R heel forward to R diagonal (3), hold for 1 count (4) 6.00

&5-6 Close RF beside LF (&), cross LF over RF (5), step RF to R side (6) 6.00

7&8 Turn ½ L crossing LF behind RF (7), step RF to R side (&), step LF forward (8) \*\*\* 3.00

Restart here on Wall 3. Begin the dance again, facing 9.00 o'clock.

# #3 (17-24) R Forward Rock with Body Roll & Recover, R Close, L Forward & R Flick, R Forward, L-R Syncopated Heel Swivels, R&L Knee Pop, R-L Shoulder Pop

1-2& Rock RF forward with body roll (1), recover weight on LF (2), close RF beside LF (&) 3.00
3-4 Step LF forward while flicking RF (3), step RF forward (4) - RF is in front of LF 3.00
85&6 Swivel L heel in towards RF (&), swivel R heel out to R side (5), swivel R heel in towards LF

(&), swivel L heel to L side (6) 3.00

&7&8 Pop both knees forward (&), return both heels in place (7), pop R shoulder up (&), drop R

shoulder and pop L shoulder up (8) 3.00

# #4 (25-32) ¼ (R) with L Syncopated Side Rock & Recover, L Close, R Side Rock & Recover, R Touch Unwind ½ (R), L Forward Diagonal Kick Ball Cross

1-2& Turn ¼ R rocking LF to L side (1), recover weight on RF (2), close LF beside RF (&) 6.00

3-4 Rock RF to R side (3), recover weight on LF (4) 6.00

5-6 Touch R toes back (5), turn ½ R stepping RF in place (6) 12.00

7&8 Kick LF forward to L diagonal (7), close LF beside RF (&), cross RF over LF (8) 12.00

#### #5 (33-40) L Side Touch, ¼ (R) with L Knee Pop, L Forward Shuffle, R Diamond Fallaway % (R)

1-3 Step LF to L side (1), touch R toes beside LF (2), turn ¼ R popping L knee forward (3) 3.00

4&5 Step LF forward (4), step RF next to LF (&), step LF forward (5) 3.00

6&7 Cross RF over LF (6), turn 1/8 R stepping LF to L side (&), step RF back (7) 4.30

8& Cross LF behind RF (8), turn 1/4 R stepping RF to R side (&) 7.30

## #6 (41-48) L Forward, R Syncopated Rocking Chair, R Cross Samba ¼ (R), L Cross, R Side Rock & Recover ¼ (L), R Kick, R Close

1 Step LF forward (1) 7.30

2&3& Rock RF forward (2), recover weight on LF (&), rock RF back (3), recover weight on LF (&)

7.30

Cross RF over LF (4), turn ½ R rocking LF to L side (&), recover weight on RF (5) 9.00 Cross LF over RF (6), rock RF to R side (&), recover weight on LF turning ½ L (7) 6.00

# #7 (49-56) L Side Point, Hold, L Close, R Forward Rock & Recover, Triple Full Turn (R), L-R Back Diagonal Touches

1-2& Point L toes to L side (1), hold for 1 count (2), close LF beside RF (&) 6.00

3-4 Rock RF forward (3), recover weight on LF (4) 6.00

5&6 Make a triple full turn R over R shoulder starting with RF-LF-RF (5-&-6) 6.00

&7&8 Step LF back to L diagonal (&), touch R toes beside LF (7), step RF back to R diagonal (&),

touch L toes beside RF (8) 6.00

### #8 (57-64) 1/4 (L) with L Side, R Side Point, Hold, R Close, L-R Toe Switches, R Syncopated Weave, R Touch

&1-2 Turn 1/4 L stepping LF to L side (&), point R toes to R side (1), hold for 1 count (2) 3.00

&3&4 Close RF beside LF (&), point L toes to L side (3), close LF beside RF (&), point R toes to R

side (4) 3.00

5&6& Cross RF behind LF (5), step LF to L side (&), cross RF over LF (6), step LF to L side (&)

3.00

7&8 Cross RF behind LF (7), step LF to L side (&), touch R toes beside LF (8) 3.00

Ending: On Wall 6, dance up to 32 counts, then 'Turn ¼ L stomping LF forward and pose' for a big finish, facing 12.00 o'clock.