Umbrella



編舞者: Mikael Mölsä (FIN) - 30 October 2009 音樂: Umbrella - The Baseballs : (CD: Strike!)



Starting point: At vocals, 32 counts from the beginning, at 0:10.

Note: The music seems to slow down on wall 7. Keep the normal speed, as the "slowness" lasts for exactly 64 counts (when counted with normal speed). Also, there are two restarts in the dance, on walls 3 and 6. On these walls just dance the first 32 counts and restart the dance.

Ending: On wall 11 dance the first 36 counts normally (to the pivots), then replace the counts 37-41 with a step forward, hold, turn 1/4 to left, hold and pose.

TOE STRUTS TO RIGHT

1-2	Touch right toe to right, step weight to right
3-4	Touch left toe across right, step left across right
5-6	Touch right toe to right, step weight to right
7-8	Touch left toe across right, step left across right

TOE STRUTS TO LEFT

1-2	Touch right toe across left, step right across left
3-4	Touch left toe to left, step weight to left
5-6	Touch right toe across left, step right across left
7-8	Touch left toe to left, step weight to left

JAZZ BOX, WEAVE TO RIGHT

1-2	Step right across left, step left back
3-4	Step right to side, step left across right
5-6	Step right to side, step left behind right
7-8	Step right to side, step left across right

TOE & HEEL TOUCHES, STEP FORWARD, STEP TOGETHER, HEEL STAND

1-2	Touch right toe to side, touch right next to left
3-4	Touch right heel forward, touch right next to left
5-6	Step right forward, step left next to right
7-8	Lift toes (on both feet), lower toes (on both feet)

Note: Restart here on walls 3 and 6.

1/2 LEFT TURNING PIVOT, 1/4 LEFT TURNING PIVOT, WEAVE TO RIGHT

1-2	Step right forward, turn 1/2 to left
3-4	Step right forward, turn 1/4 to left
5-6	Step right to side, step left behind right
7-8	Step right to side, step left across right

Ending: On wall 11, replace the counts 5-8 (plus one additional count) with a right step forward (5), hold (6), turn 1/4 to left (7), hold (8), pose (1).

1/2 LEFT TURNING ROCKING CHAIR PATTERN

1-2	Rock right heel forward, recover weight back to left
3-4	Rock right toe back and turn 1/4 to left, recover weight back to left (12:00)
5-6	Rock right heel forward, recover weight back to left
7-8	Rock right toe back and turn 1/4 to left, recover weight back to left (9:00)

*3 x SUZY Q's, SIDE STEP, HOLD

1-2 Touch right heel in front of left (right toe pointing to left), turn right toe to right while stepping

left to left side

3-4 Touch right heel in front of left (right toe pointing to left), turn right toe to right while stepping

left to left side

5-6 Touch right heel in front of left (right toe pointing to left), turn right toe to right while stepping

left to left side

7-8 Step right to side, hold

Note: After count 7 you should have you feet shoulder width apart and weight on both feet.

KNEE POP, HOLD, KNEE POP, HOLD, KNEE POPS, HOLD

1-2 Pop right knee in, hold3-4 Pop left knee in, hold

5-6 Pop right knee in, pop left knee in

7-8 Pop right knee in, hold

REPEAT