

You Can Dance

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Vikki Morris (UK) - January 2022
音樂: Permission to Dance - BTS : (amazon)



Start: 32 counts

S1: Pivot ¼ L, R Cross, L Side, R Behind, L Ronde, L Behind, R Side

- 1 2 Step forward Right, Pivot ¼ turn Left (9 o'clock)
- 3 4 Cross Right over Left, Step Left to Left side
- 5 6 Cross Right behind Left, Keeping toes on floor sweep Left out and around behind Right
- 7 8 Cross Left behind Right, Step Right to Right side

S2: Cross L, Ronde R, Cross R, L Side, R Behind, L Rock, Recover R, L Behind

- 1 2 Cross Left over Right, Keeping toes on floor sweep Right around and across Left
- 3 4 Cross Right over Left, Step Left to Left side
- 5 Cross Right behind Left
- 6 7 Rock Left to Left side, Recover on Right
- 8 Cross Left behind Right

S3: Ronde R 1/8 R, R Toe Strut, L Toe Strut, R Rock, Recover L, Back R, L 1/4 L

- 1 2 Keeping toes on floor sweep Right 1/8 turn Right as you touch Right toe forward, Slap heel down (10.30)
- 3 4 Touch Left toe forward, Slap heel down
- 5 6 Rock forward Right, Recover on Left
- 7 8 Step back Right, Turn ¼ Left stepping Left forward (7.30)

S4: R Toe Strut, L Toe Strut, R Jazz Box 1/8 R, Step L Fwd

- 1 2 Touch Right toe forward, Slap heel down
- 3 4 Touch Left toe forward, Slap heel down
- 5 6 Cross Right over Left, Step back on Left
- 7 8 Turn 1/8 turn Right as you step Right to Right side, Step Left forward (9 o'clock)

S5: Pivot ½ L, L Full Turn, Walk R, L, R Kick Ball Change

- 1 2 Step forward Right, Pivot ½ turn Left (3 o'clock)
- 3 4 Turn ½ turn Left stepping back on Right, Turn ½ turn Left stepping forward on Left
- 5 6 Walk forward Right, Walk forward Left
- 7&8 Low kick Right forward, Step Right next to Left, Step Left next to Right

S6: R Press, Heel Twist, Recover L, R Rock Back & Lift L Foot, Recover L, Walk R, Pivot ¼ R, Cross L

- 1&2 Press Right forward, Twist both heels to Right side, Twist back to centre with weight on Left
- 3 4 Rock back on Right as you slightly lift Left foot, Recover on Left
- 5 Walk forward Right
- 6 7 Step forward Left, Pivot ¼ turn Right (6 o'clock)
- 8 Cross Left over Right

S7: R Side, HOLD, L Ball Step, R Side, HOLD, L Ball Step, R Rock, Recover L, R Behind L Side

- 1 2 Step Right to Right side, HOLD
- &3 4 On ball of Left step Left next to Right, Step Right to Right side, HOLD
- &5 6 On ball of Left Step Left next to Right, Rock Right to Right side, Recover on Left
- 7 8 Cross Right behind Left, Step Left to Left side

S8: Cross R, HOLD, L Ball Step, Cross R, L Side, R Back Rock, Recover L, Reverse $\frac{1}{4}$ L, Reverse $\frac{1}{2}$ L

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| 1 2 | Cross Right over Left, HOLD |
| &3 4 | On Ball of Left step Left to Left side, Cross Right over Left, Step Left to Left side |
| 5 6 | Rock back on Right, Recover Left (open body to Right diagonal in preparation for turn) |
| 7 8 | Turn $\frac{1}{4}$ turn Left stepping back on Right, Turn $\frac{1}{2}$ turn Left stepping forward on Left (9 o clock) |

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