Symptomatic Daydream



拍數: 32 牆數: 4 級數: High Improver

編舞者: Terry Pournelle (USA) - January 2022 音樂: Symptomatic Daydream - Carlyle Griffin



Music available on Spotify, Apple Music & iTunes

#32 count Intro

TRIPLE RIGHT, ROCK BACK, RECOVER, ROCKING CHAIR OR 2 HALF PIVOTS

1&2 Step R to R side, step L next to R, Step R to R side,

3-4 Rock back on L, recover on R
5-6 Rock forward on L, recover on R
7-8 Rock back on L, recover on R

(Variation-step forward on L, pivot ½ turn-weight on R, step forward on L, pivot ½ turn-weight on R)

STEP, CROSS BEHIND, TURN 1/4, STEP 1/4 TURN, CROSS, STEP LEFT, HOLD

1-2-3-4 Step L to L side, cross R behind L, turn ¼ L stepping on the L, step R forward,

5-6-7-8 Turn ¼ L weight on L, cross R over L, step L to L side, hold

SAILOR, SAILOR, MAMBO FORWARD, MAMBO BACK

1&2 Step R behind L, step L in place, step R to side 3&4, Step L behind R, Step R in place, step L to side

5&6 R Rock forward, recover L, R step back 7&8 L Rock back, recover R, L step forward

TRIPLE RIGHT, ¼ TURN TRIPLE LEFT, ¼ TRIPLE RIGHT, ¼ TURN TRIPLE LEFT

1&2 Step R to R side, step L next to R, Step R to R side

Turn ¼ turn L step on L, step R next to L, Step L to L side
Turn ¼ turn L step R to side, step L next to R, step R to R side
Turn ¼ turn L step on L, step R next to L, step L to L side.

START AGAIN

RESTART WITH STEP CHANGE HAPPENS ON WALL 12 FACING 9:00

1&2 Step R to R side, step L next to R, Step R to R side,

3-4 Rock back on L, recover on R

5-6 Rock forward on L, recover on R, rock back on L, touch R next to L then restart the Dance (Same for the Variation: Variation-step forward on L, pivot ½ turn (weight on R), step forward on L, pivot ½ turn, touch R next to L)

Enjoy the DANCE and the original Music! Dancin' Terry Pournelle dancinterry2003@yahoo.com Last Update - 2 Feb. 2022