

Bahama Mama 2022

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Christina Yang (KOR) - January 2022
音樂: Bahama Mama - Boney M.



Start the dance after 64 counts

SECTION 1: FORWARD SHUFFLE X 2, 1/2 TURN TO L WITH PIVOT TURN, FORWARD, SIDE TOUCH

1&2 Step RF forward, LF closed RF, step RF forward
3&4 Step LF forward, RF closed LF, step LF forward
4-8 Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, touch LF to side

SECTION 2: FORWARD SHUFFLE X 2, 1/2 TURN TO R WITH PIVOT TURN, FORWARD, SIDE TOUCH

1&2 Step LF forward, RF closed LF, step LF forward
3&4 Step RF forward, LF closed RF, step RF forward
5-8 Step LF forward, 1/2 turn to R changing weight on RF, step LF forward, touch RF to side

SECTION 3: (FORWARD, TOUCH) X 2, 1/4 TURN TO R WITH JAZZ BOX CROSS

1-4 Step RF forward, touch LF toe to L side, step LF forward, touch RF toe to R side
5-8 Cross RF over LF, 1/4 turn to R stepping LF back, step RF side, cross LF over RF

SECTION 4: (SIDE SHUFFLE, BACKWARD ROCK, RECOVER) X 2

1&2 Step RF to side, LF closed RF, step RF to side
3-4 Rock LF backward, recover on RF
5&6 Step LF to side, RF closed LF, step LF to side
7-8 Rock RF backward, recover on LF

RESTART & TAG

On the 4th wall, you will dance to 8 counts and start again after 4 counts of tag

Tag step is Jazz box touch

1-4 cross LF over RF, step RF backward, step LF side, touch RF toe beside LF

On the 9th wall, you will dance to 16 counts and start again

Contact: chrisjj0618@yahoo.com

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