

Whine Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Mikael Mölsä (FIN) - 8 May 2011
音樂: Whine Up (feat. Elephant Man) - Kat Deluna : (CD: 9 lives)



Starting point: At vocals, at the first beat about 0:15.

Note: There are restarts on walls 3 & 10. On those walls only dance the first 16 counts then restart the dance. Also on those walls replace the count 16 with a touch together instead of stepping forward.

SIDE STEPS, ROCK, RECOVER, 1/2 TURN TO LEFT

1-2 Step right to side, step left next to right
3-4 Step right to side, step left next to right
5-6 Step right to side, step left next to right
7&8 Rock right to side, recover weight back to left, turn 1/2 to left and touch right next to left (now facing 6:00)

SIDE STEPS, ROCK, RECOVER, 1/4 TURN TO LEFT

1-2 Step right to side, step left next to right
3-4 Step right to side, step left next to right
5-6 Step right to side, step left next to right
7&8 Rock right to side, recover weight back to left, turn 1/4 to left and step right forward (now facing 3:00)

MAMBO STEP FORWARD, MAMBO STEP BACK, 1/2 PIVOT TURN, 1/2 TURNING SHUFFLE

1&2 Step left forward, recover weight back to right, step right back
3&4 Step right back, recover weight back to left, step right forward
5-6 Step left forward, turn 1/2 to right (now facing 9:00)
7&8 Turn 1/4 to right and step left to the side, step right next to left, turn 1/4 to right and step left to the side (now facing 3:00)

HIP ROLLS THAT TURN YOU A FULL TURN TO LEFT

1-2 Step right forward, turn 1/4 to left while rolling your hips
3-4 Step right forward, turn 1/4 to left while rolling your hips
5-6 Step right forward, turn 1/4 to left while rolling your hips
7-8 Step right forward, turn 1/4 to left while rolling your hips

REPEAT