Stand Tall, Be Strong



拍數: 32

牆數:4

級數: Improver

編舞者: Jason Turner (USA) & Amanda Knox (USA) - February 2022

音樂: On Top of the World - Jordyn Kane : (Album: You Must Be Crazy)

#32ct Ir	ntro
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[1-8]: V Step x2

- 1234 Step R to R diagonal (1), Step L to L diagonal (2), Step R back to center (3), Step L next to R (4)
- 5678 Step R to R diagonal (5), Step L to L diagonal (6), Step R back to center (7), Step L next to R (8)

[9-16]: Fwd Walk RLR, Kick L Fwd, Back Walk LR, Coaster Step

- 1234 Step R fwd (1), Step L fwd (2), Step R fwd (3), Kick L fwd (4)
- 5 6 Step L back (5), Step R Back (6)
- 7&8 Step L back (7), Step R next to L (&), Step L fwd (8)

[17-24]: ¼ Pivot, ¼ Pivot, L ¼ Turn Weave

- 1234 Step R fwd (1), Recover weight to L as you make a ¼ turn L (2), Step R fwd (3), Recover weight to L as you make a ¼ turn L (4) (6:00)
- 5678 Cross R over L (5), Step L to L side (6), Cross R behind L (7), Step L to L side making ¼ turn L (8) (3:00)

Styling Option - Counts 2&4: Roll your hips as you make the 1/4 turn

[25-32]: Cross Rock, Side Rock, Cross Rock, Side Rock

- 1234 Cross R over L (1), Recover weight to L (2), Cross R over L (3), Recover weight to L (4)
- 5678 Cross R over L (5), Recover weight to L (6), Cross R over L (7), Recover weight to L (8)

