

She Works Hard (aka Kova Duuni)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Laura Hannele Pitkänen (FIN) - November 2019
音樂: She Works Hard For the Money - Donna Summer : (Original 80's Disco Version - Spotify)
或: She Works Hard For the Money - Kris Allen
或: Kova duuni on rahaa - She Works Hard For The Money - Meiju Suvas
或: Kova duuni on rahaa (feat. Mariska) - Tuomas Kauhanen



MUSIC OPTIONS FROM COVER VERSIONS:

Slow Pop style: She Works Hard For The Money, by Kris Allen - 80's Disco - Finnish version of the original: Kova Duuni On rahaa, by Meiju Suvas (available on Spotify)

Slow Hip Hop style: Kova Duuni On rahaa, by Tuomas Kauhanen Feat. Mariska (available on Spotify)

NOTE: In the Slow Hip Hop version - 2 small and easy TAGS: After wall 3 (6:00) and 6 (12:00)

Just make a pose with attitude and start again with the music (Comes when the music stops for 4 counts, just before chorus)

Also works as contra

Start on lyrics

[1-8]: Grapevine R, Grapevine L

1,2,3,4, Step R to right, Step L bhd R, Step R to right, Touch L bsd R.
5,6,7,8, Step L to L, Step R bhd L, Step R to right, Touch R bsd L.

[9-16]: Step Diagonal & Touch x 2 R L, Rock Fwd Recover, walk back R L

1,2,3,4, Step R diagonally right, Touch L bsd R, Step L diagonally left, Touch R bsd L.
5,6,7,8, Step R fwd, Recover to L, Step R back, Step L back.

[17-24]: Rock Back, Recover, Step Fwd, Hook Behind, Step Back, Hitch, Step Fwd, Kick

1,2,4,3, Step R Back, Recover to L, Step R fwd, Hook L bhd (as you lean slightly fwd).
5,6,7,8, Step L Back, Hitch R fwd, Step R fwd, Kick L diagonally to right.

[25-32]: Step to Side & Touch x2 L R, 1/2 Turn & Step to Side & Touch, Rock, Recover

1,2,3,4, Step L to left, Touch R bsd L, Step R to right, Touch L bsd R.
5,6,7,8, Turn ½ right and Step L to left, Touch R Beside L, Step R to right side, Recover to L.

Start Again

Have fun styling the music options!
