

# Milkshake

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Fonna Queentarina (INA) - March 2022  
音樂: Milkshake - Kelis



## No Tag No Restart

### S1 WALK R, L, SHUFFLE FWD, ROCK FWD, ¼ TURN L SAILOR STEP

1 – 2      Walk Fwd R – L  
3 & 4      Step R Fwd, Step L next to Right & Step R Fwd  
5 – 6      Rock LF Fwd, Recover on R  
7 & 8      ¼ Turn L, Step L Behind R Step R beside L & Step L to L side

### S2 SAMBA WISK, FULL TURN L W/POINT TURN (X4)

1 a 2      Step R to side, Cross L Behind R, Step R in place  
3 a 4      Step L to side, Cross R Behind L, Step L in place  
5&6&7&8      ¼ L Touch R toe to R, Step L in Place, ¼ L Touch R toe to R, Step L in Place, ¼ L Touch R toe to R, Step L in Place, ¼ L Touch R toe to R

### S3 TURN ¼ R SAILOR STEP, TURN ¼ L SAILOR STEP

1 – 2      Step RF Cross Over LF, Step LF Side to L  
3 & 4      ¼ R turn R Step RF Behind Cross LF, Step LF Side to L, Step RF Side to R  
5 - 6      Step LF Cross Over RF, Step RF Side to R  
7 & 8      ¼ L Turn L Step LF Behind Cross RF, Step RF Side to R, Step LF Side to L

### S4 SLIDE DRAG, HEEL SWITCHES- FORWARD TOUCH

1 – 2      Step R to side, L Slightly to R  
3 – 4      Step L to side, R Slightly to L  
5 & 6      R heel Touch Forward, Step R beside L, L heel Touch Forward, Step L beside R  
7 & 8      L Heel Touch Forward, Step L beside R, R heel Touch Forward, Step R beside L

**KEEP HEALTHY & ENJOY THE DANCE.**

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