

Not a Pop Song

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - March 2022
音樂: Not a Pop Song - Little Mix : (Spotify / Amazon)



(Dance starts on lyrics/16 counts intro)

[S1] Fwd Rock-1/4L, Heel Bounce, Back-Together, Heel Bounce

1 2 3 Rock forward on L, Replace weight on R, Make a 1/4 turn left stepping L to the side (9:00)
&4&5 With feet shoulder length apart - Raise both heels up, Bounce both heels down, Raise both
 heels up, Both heels down
&6 Step back on R, Step L together
&7&8 Raise both heels up, Bounce both heels down, Raise both heels up, Both heels down

[S2] Modified Box Step (Fwd, Scuff-Cross -Back, Side), Modified Box Turn 1/4L

1 2& Step forward on R, Scuff L forward, Cross L over R
3 4 Step back on R, Step L to the side
5 6& Step forward on R, Scuff L forward, Cross L over R
7 8 Make a 1/4 turn left stepping back on R, Step L to the side (6:00)

[S3] Cross Shuffle, 1/4L Shuffle Fwd, Step-Pivot 3/4L, Side Shuffle-

1&2 Cross R over L, Step L close to R, Cross R over L
3&4 Make a 1/4 turn left shuffle forward on L-R-L (3:00)
5 6 Step forward on R, Make a 3/4 turn left recover weight on L (6:00)
7&8 Side shuffle to the left on R-L-R

[S4] Back Rock, Step-Pivot 1/2R-Triple Turn 3/4R, Hitch, Fwd, Hitch

&1 Quick rock back on L, Replace weight on R
2 3 Step forward on L, Make a 1/2 turn right recover weight on R (12:00)
4&5 3 1/4R triple turn on the spot L-R-L (9:00)
6 7 8 Hitch R knee forward, Step forward on R, Hitch L knee forward**

[S5] Fwd, Side Rock, Cross, 1/4R, Side, Cross, Point

1 2 3 Step forward on L, Rock R to the side, Replace weight on L
4 5 6 Cross R over L, Make a 1/4 turn right stepping back on L, Step R to the side (12:00)
7 8 Cross L over R, Point R to the right

[S6] Fwd, Side Rock, Cross, 1/4L, 1/4L, Step-Lock-Step

1 2 3 Step forward on R, Rock L to the side, Replace weight on R
4 5 6 Cross L over R, Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping
 forward on L (6:00)
7&8 Step diagonally forward on R, Lock/step L behind R, Step diagonally forward on R

[S7] Heel-&-1/4R Heel-&-Touch-&-Touch-&, Heel-&-Heel-&-1/4L Heel-&-Touch-&

1&2& Touch L heel forward, Step L in place, Make a 1/4 turn right touch R heel forward, Step R
 together (9:00)
3&4& Touch L toe next to R, Step L together, Touch R toe next to L, Step R together
5&6& Touch L heel forward, Step L together, Touch R heel forward, Step R in place
7&8& Make a 1/4 turn left touch L heel forward, Step L together, Touch R next to L, Step R together
 (6:00)

[S8] Heel-&-Heel-&-1/4L Heel-&-Touch, Step-Pivot 1/2L, Full Triple Turn

1&2& Touch L heel forward, Step L together, Touch R heel forward, Step R in place

3&4 Make a 1/4 turn left touch L heel forward, Step L together, Touch R next to L (3:00)
5 6 Step forward on R, Make a 1/2 turn left recover weight on L (9:00)
7&8 Make a full triple turn left on R-L-R (travelling forward) (9:00)

Restart + Tag on Wall 5 count 32 (9:00)

On Wall 5, dance up to count 32**

Then, add the following 4 counts tag (2x Step-Pivot 1/2R)

1 2 3 4 Step forward on L, Make a 1/2 turn right recover weight on R, Step forward on L, Make a 1/2
turn right recover weight on R (9:00)

**Ending suggestion: The last wall starts facing 6:00, dance up to S4 count 6 (3:00). Then,
Step forward on R (7), Make a 1/4 turn right recover weight on L (8) (12:00)**

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 2/Mar/22)**
