Bottle In My Hand



拍數: 32 編數: Easy Beginner

編舞者: Yvonne (Krause) Halsey (USA) - March 2022

音樂: Bottle in My Hand - Gethen Jenkins



#16 Intro - 1 Tag

[1-8] CROSSING TOE STRUTS, SCISSOR STEP

1-2 Step right toe to right side and drop heel.3-4 Cross left toe over right and drop heel.

5-8 Step right to side, step left beside right, cross right over left & hold.

[9-16] CROSSING TOE STRUTS, SCISSOR STEP

1-2 Step left toe to left side and drop heel.3-4 Cross right toe over left and drop heel.

5-8 Step left to side, step right beside left, cross left over right & hold.

[17-24] STEP TOUCH, STEP TOUCH, STEP TOGETHER 1/4 RIGHT

Step right to right side, touch left next to right.
Step left to left side, touch right next to left.
Step right to right side, step left next to right.

7-8 Step forward on right as you make a ½ turn right & hold. (3:00)

[25-32] LEFT ROCKING CHAIR, PIVOT 1/4 CROSS

1-4 Rock forward on left, rock back on right, rock back on left, rock forward on right.

5-8 Step forward on left, pivot ¼ turn right, cross left over right & hold. (6:00)

*Tag: At the end of the 8th wall facing 12:00 o'clock there is an 8-count tag. Do the following: On the diagonal do 2 hip bumps to the front, 2 hip bumps to the back and roll hips for 4 counts.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com