Always Remember EZ



拍數: 16 牆數: 2 級數: Beginner NC

編舞者: S.M. Fulton (USA) - March 2022

音樂: Always Remember Us This Way - Lady Gaga: (from the movie - A Star Is Born)

或: Break Into My Heart - Daughtry



Start on the word "sky" - about 4 seconds in

RESTART WITH STEP CHANGE, WALL 10 (wall starts at 6 and restart is at 6:00). Dance can be done without restart, however.

Section 1: R nightclub***, L nightclub, step forward, run, run, press forward, push back

1 2 & 3 4 & Step R to side (1), rock back (2), recover (&), step L to the side (3), rock back (4), recover (&)

5 6 & 7 8 Step R forward (5), two quick steps forward (6 &), press forward (7), recover back (8) with

bum back

OPTION for counts 6 & - full turn clockwise

Section 2: L nightclub, quarter, side-rock-cross, cross, quarter back, side R, sway L

1 2 & 3 Step L to side (1), rock-back(2), recover(&), step R guarter to 3:00 (3)

4 & 5 6 & 7 8 L side-rock (4), recover (&), cross L over R (5); R cross in front of L (6), recover stepping

back a quarter (&) to 6:00, step R to side (7), sway L (8)

NOTE: Counts 6 & 7 are like a quarter mambo. OPTION for more experienced dancers: Do the cross with a sweep making the quarter turn into a fallaway.

***STEP CHANGE & RESTART POINT. On Wall 10 - the fifth time the dance starts at 6:00 and during the hoo-hoo-hoo part of the music - dance the R nightclub (1 2 &), then instead of the L nightclub, chasse to the left (3 & 4) then restart.

ENDING: The music starts fading and slowing. At the front wall, start the dance with the R nightclub. Do the L nightclub and then sweep R over L and then L over R. The music won't have finished yet. For Break Into My Heart, there's a 16-count intro. There is a tag after wall 2 and wall 4: R nightclub (1 2 &), L nightclub (3 4 &).

Last Update: 1 Jan 2023