Sweet Little White LIES

級數: Improver

編舞者: Val Saari (CAN) - March 2022

音樂: In The Morning - Jennifer Lopez

Begin on the word "Sweet" (following the 4 count pause) One EZ Tag

牆數:4

WALK FORWARD R, L, R, POINT L, LF STEP BACK, POINT R, MONTEREY TURN 1/4 R, POINT L

1-2 Walk forward, RF, LF

拍數: 32

- 3-4 Walk forward RF, Point LF toes to the left side
- 5-6 LF step back, Point RF toes to right side
- 7-8 1/4 turn right step RF together (3:00), Point LF to L side

LF ROCK/RECOVER SAILOR STEP, STEP TURN L TWICE (1/4, 1/4)

- 1-2 Rock LF forward, Recover RF
- 3&4 Sailor Step LRL
- 5-6 Step RF forward, Turn 1/4 turn left (weight on left, optional hip circle)
- 7-8 Step RF forward, Turn 1/4 turn left (9:00 weight on left, optional hip circle)*

SWAY RL, CROSS SHUFFLE, SWAY LR, SYNCOPATED WEAVE R

- 1-2 Step RF to R side and sway hips R,L
- 3&4 Crossing chassé RLR
- 5-6 Step LF to L side and sway hips L,R
- 7&8 Step LF behind R, Step RF right, Step LF across R

RF ROCK/RECOVER, SHUFFLE RLR TURN 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL TURN 1/2 L

- 1-2 Rock RF forward, recover LF
- 3&4 Shuffle back RLR Turn 1/2 R
- 5-6 Rock LF forward, recover RF
- 7&8 Shuffle back LRL Turn 1/2 L (9:00)

*ONE EASY TAG & RESTART: 8 Counts, after 16 counts on Wall 3, facing 3:00

RF ROCKING CHAIR, JAZZ BOX

- 1-2 Rock RF forward, Recover Left
- 3-4 Rock RF back, Recover Left
- 5-6 Cross RF over Left, Step Left back
- 7-8 Step RF to side, Step LF forward

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