

11 Beers

拍數: 32 牆數: 4 級數: Improver
編舞者: Marianne van der Toorn Vrijthoff (NL) - April 2022
音樂: 11 Beers (feat. Jake Owen) - The Reklaws



Intro: 32 Counts

Sec 1: Rock Step fwd, Recover, Side Rock, Recover, Behind, Side, Cross, Side, Together

1 2 RF. Rock fwd – LF. recover
3 4 RF. Side rock – LF. recover
5&6 RF. Cross behind LF – LF. Step to L-side – RF. Cross over LF
7 8 LF. Step to L-side – RF. Touch (12.00)

Sec 2: Chasse 1/4 turn R, Pivot 1/2 R, Shuffle, Step, 3/4 Turn L

1&2 RF. Step to R-side – LF. together – RF. Turn 1/4 R, step fwd (3.00)
3 4 LF. Step fwd – 1/2 turn R (9.00)
5&6 LF. Step fwd – RF. Together – LF. Step fwd
7 8 RF. Step fwd – LF. 3/4 turn L (12.00) *Restartpoint

Sec 3: Cross Rock, Chasse, Cross Rock, Chasse 1/4 Turn L

1 2 RF. Cross over LF – LF. Recover
3&4 RF. Step to R-side – LF. Step together – RF. Step to R-side
5 6 LF. Cross over RF – RF. Recover
7&8 LF. Step to L-side – RF. Step together – LF. ¼ Turn L, step fwd (9.00)

Sec 4: Heelgrind 1/4 R, Rock back – 2x

1 2 RF. Dig heel fwd, 1/4 Turn R (weight on LF) (12.00)
3 4 RF. Rock back – LF. Recover
5 6 RF. Dig heel fwd, 1/4 Turn R (weight on LF) (3.00)
7 8 RF. Rock back – LF. Recover

*Restart: in wall 2 (3.00) - wall 5 (9.00) - wall 9 (6.00) after 16 counts

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