

# Follow

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Following the Sun - SUPER-Hi & Neeka



#16 count Intro

Restarts: One restart on Wall 10 after 8 counts

**Section 1: Right Foot Point Front, Point Side, Coaster. Left Foot Point Front, Point Side, Coaster.**

1,2      Point right toe to front, point right toe to right side  
3&4      Step RF back, Step LF next to RF, Step RF forward  
5,6      Point left toe to front, Point Toe to left side  
7&8      Step LF back, Step RF next to LF, Step LF forward\*

\* Restart point on Wall 10 after 8 counts

**Section 2: Rock Right Forward, Recover, Triple Step Half, Rock Left Forward, Recover, Triple Step 1/4**

1,2      Step RF forward, Recover weight back on the LF  
3&4      Step RF 1/4 to the right (3 o'clock), Step together LF, Step RF 1/4 Right (6 o'clock)  
5,6.      Step forward on LF, Recover weight back onto RF  
7&8      Step LF 1/4 to the left (3 o'clock), Step RF next to LF, Step LF in place to take weight

**Section 3: Cross Point, Cross Point, Sway Hips Diagonally Forward and Back, Sway Hips Diagonally Forward and Back**

1,2      Cross RF in front of LF and take weight, Point left toe to left side and slightly forward  
3,4      Cross LF in front of RF and take weight, Point right toe to right side and slightly forward  
5,6      Step RF forward slightly and take weight to sway r hip forward. Sway back on LF  
7,8      Sway R Hip forward again, Sway left hip back.

**Section 4: Right Cross, Back, Chasse Right, Left Cross, Back, Chasse Left**

1,2      Cross the RF in front of the LF, Step LF slightly back  
3&4      Step RF to the right side, Step LF next to RF, Step RF to right side  
5,6      Cross LF in front of RF, Step RF slightly back  
7&8      Step LF to the left side, Step RF next to LF, Step LF to left side

**Ends at front after count 3 forward point side point touch**

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