Only One, You

拍數: 32

級數: Beginner

編舞者: Juli Santoso Pikir (INA) - April 2022

音樂: Solamente una Vez - Natalie Cole

S-1. RUMBA BOX (SHUFFLE) TO R-L

- 1 2 Step RF to side Close LF beside RF
- 3&4 Step RF forward Close LF beside RF Step RF forward
- 5 6 Step LF to side Close RF beside LF
- 7&8 Step LF forward Close RF beside LF Step LF forward

S-2. CROSS ROCK - CHASSE, PIVOT ¾ TURN R - SHUFFLE

- 1 2 Cross RF over LF Recovered on LF
- 3&4 Step RF to side Close LF beside RF Cross RF over LF
- 5 6 1⁄4 Turn R Step LF forward 1⁄2 Turn R In place on RF
- 7&8 Step LF forward Close RF beside LF Step LF forward

S-3. BACK ROCK - SHUFFLE, PIVOT ¼ TURN R - CROSS SHUFFLE

- 1 2 Step RF back Recovered on LF
- 3&4 Step RF forward Close LF beside RF Step RF forward
- 5 6 Step LF forward ¼ Turn R In place on RF
- 7&8 Cross LF over RF Step RF to side Cross LF over RF

S-4. PEDDLE ¼ TURN, JAZZ BOX

- 1 2 Touch RF toe to R side Hitch RF knee across LF in turning 1/8 L
- 3 4 Touch RF toe to R side Hitch RF knee across LF in turning 1/8 L
- 5 6 7 8 Cross RF over LF Step LF back Step RF to side Close LF beside RF

Happy Dance :

Contact: julipikir.upn@gmail.com





牆數:4