Benefit of Doubt

拍數: 28

級數: Beginner

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音樂: Benefit of Doubt - Chris Cummings

Note: The dance begins with the use of the chant - 2 restarts, no tags

S1: Point cross r + I, touch behind 2x, point 1/2 turn r

- Tap right toe on the right cross right foot over left 1-2
- 3-4 Touch the left toe of the left foot - cross the left foot over the right
- 5-6 Tap right toe behind left foot twice
- 7-8 Tap right toe on the right - $\frac{1}{2}$ turn to the right and place right foot on left (6 o'clock)

S2: Point, close, rocking chair, shuffle forward with touch

- 1-2 Tap left toe on the left - place left foot next to right
- 3-4 step forward with right - weight back on left foot
- 5-6 step backwards with the right - weight back on the left foot
- 7 & 8 Step forward with right - put left foot next to right and step forward with right Touch & and left foot next to right

S3: Rock back / kick, stomp 2x, toe-heel-toe swivels, lift behind

- jump backwards kick forward with left / right foot jump back onto the right foot 1-2
- Stamp the left foot next to the right one twice (without changing weight) 3-4
- 5-8 Turn left toe, heel and again toe to the left (weight at the end on the left) - Right foot lift behind left leg

S4: Side - 1/4 turn I - hook, shuffle forward

1-2 to the right with a right - 1/4 turn to the left on the right ball of the foot / lift the left foot and in front of the right shin cross (3 o'clock)

(Restart: In the 6th and 12th round - direction 6 o'clock / 12 o'clock - abort after '1-2' and start over; while on '2':

Move left foot to right)

3 & 4 Step forward with left - put right foot next to left and step forward with left

Repeat until the end





牆數:4